Disease Management Condition	Guideline (Copy and paste link into your browser or Ctrl+click)
ADHD	American Academy of Pediatrics (AAP): ADHD: Clinical Practice Guideline for the Diagnosis, Evaluation and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents, October 2019 https://pediatrics.aappublications.org/content/144/4/e20192528 See updates and comparison to other recognized guidelines in Eom, Tae Hoon and Young-Hoon Kim. "Clinical practice guidelines for attention-deficit/hyperactivity disorder: recent updates." Clin Exp Pediatr. 2023 Jun 14; 67(1):26-34.
Alcohol Use Disorder	American Society of Addiction Medicine Alcohol Withdrawal Management https://downloads.asam.org/sitefinity-production-blobs/docs/default-source/guidelines/awg-3-20-20.pdf?sfvrsn=d87852c2_2 Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018) https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions See also Draft Recommendation statement, https://www.uspreventiveservicestaskforce.org/uspstf/draft-recommendation/unhealthy-alcohol-use-adolescents-adults-behavioral-counseling-interventions
Anxiety Disorder	National Institute of Mental Health Anxiety Disorders July 2018 https://www.nimh.nih.gov/health/topics/anxiety-disorders See also Walter et al, "Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders." J Am Acad Child Adolesc Psychiatry 2020;59(10):1107–1124.
Asthma	National Heart, Lung and Blood Institute (NHLBI)-2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines https://www.nhlbi.nih.gov/health-topics/asthma-management-guidelines-2020-updates
Chronic Obstructive Lung Disease (COPD)	American Thoracic Society Pharmacologic Management of COPD: An Official ATS Clinical Practice Guideline. https://www.thoracic.org/statements/guideline-implementation-tools/pharmacologic-mgmt-of-copd.php Global Initiative for Chronic Obstructive Lung Disease 2024 Report: Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease. https://goldcopd.org/2024-gold-report/
Congestive Heart Failure (CHF)	2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines:

	https://www.jacc.org/doi/10.1016/j.jacc.2021.12.012?_gl=1*x9itci*_ga*MjA0MDE3MjI0NC4xNjU1Mzk1MDg4*_ga_2V8VW4Y237*MTY2MDc0Nzg5NS4yLjEuMTY2MDc0Nzk0Ny44LjAuMA..&_ga=2.192326766.51064336.1660747895-2040172244.1655395088
Coronary Artery Disease (CAD)	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease https://www.jacc.org/guidelines/prevention
Diabetes *ADA's current clinical practice recommendations*	Summary of Revisions: Standards of Care in Diabetes—2026: https://diabetesjournals.org/care/issue/49/Supplement_1
Eating Disorders	Identification and Management of Eating Disorders in Children and Adolescents January 2021 https://pediatrics.aappublications.org/content/147/1/e2020040279 See also Crone et al, "The American Psychiatric Association Practice Guideline for the Treatment of Patients with Eating Disorders." American Journal of Psychiatry Volume 180, Number 2 https://doi.org/10.1176/appi.ajp.23180001
Hepatis C	March 2020 US Preventative Task Force: Hepatitis C Virus Infection in Adolescents and Adults: Screening https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/hepatitis-c-screening
Hip	AAOS Management of Osteoarthritis of the Hip
HIV/AIDS	Guidelines and Recommendations https://www.cdc.gov/hivnexus/hcp/guidelines/index.html
Hypertension (HTN)	AHRQ, Topic Brief: Screening and Management of Hypertension in Children and Adolescents, July 25, 2025. https://effectivehealthcare.ahrq.gov/sites/default/files/nt_docs/1123-hypertension-topic-brief.pdf
Immunizations *CDC/ACIP Guidelines*	CDC Immunization Schedule: **https://www.cdc.gov/vaccines/hcp/imz-schedules/child-schedule-vaccines.html** American Academy of Pediatrics Recommended Child and Adolescent Immunization Schedule for Ages 18 Years or Younger https://downloads.aap.org/AAP/PDF/AAP-Immunization-Schedule.pdf
Low Back Pain	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians (*August 2020*) ACP, AAFP release new guideline for treatment of non-low back pain from musculoskeletal injuries in adults | ACP Online

	See also Interventions for the management of Acute and Chronic Low Back Pain: Revision 2021. https://www.orthopt.org/uploads/content_files/files/jospt.2021.0304.pdf
Major Depressive Disorder *APA Guidelines*	Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts February 2019 https://www.apa.org/depression-guideline/guideline.pdf Note: In 2025, the APA Board of Directors appointed a multidisciplinary panel to update the 2019 Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts. Reports on the panel's progress and requests for input will be made periodically to the APA Council of Representatives, APA boards and committees, APA members, and the broader public.
Obesity	Obesity Medicine 2023- Obesity Guidelines for Clinicians | 2023 Obesity Algorithm E-Book (obesitymedicine.org) See also from the American Academy of Pediatrics: "Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents with Obesity." 151:2 January 9 2023. https://publications.aap.org/pediatrics/article/151/2/e2022060640/190443/Clinical-Practice-Guideline-for-the-Evaluation-and?autologincheck=redirected
Obstructive Sleep Apnea	American Academy of Sleep Medicine Clinical Practice Guidelines (see Pediatrics) https://aasm.org/clinical-resources/practice-standards/practice-guidelines/ American Academy of Pediatrics (Sept. 2012) / Diagnosis and Management of Childhood Obstructive Sleep Apnea Syndrome
Opioids for Chronic Pain *CDC Guideline*	American Academy of Pediatrics, Opioid Prescribing for Acute Pain Management in Children and Adolescents in Outpatient Settings: Clinical Practice Guideline, September 30, 2024 https://publications.aap.org/pediatrics/article/154/5/e2024068752/199482/Opioid-Prescribing-for-Acute-Pain-Management-in
Pediatric Preventative Health Care	Recommendations for Preventive Pediatric Health Care a. Link is still current and schedule reflects changes approved in December 2022 and published in April 2023. b. https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf
Prenatal Services	American College of Obstetrics and Gynecology, Tailored Prenatal Delivery for Pregnant Individuals May 2025. https://www.acog.org/clinical/clinical-guidance/clinical-consensus/articles/2025/04/tailored-prenatal-care-delivery-for-pregnant-individuals
Preventive Screenings, Counseling and Preventive Medication *USPSTF Guidelines (Pediatric, Adult, Senior)*	U.S. Preventive Services Task Force (USPSTF) https://www.uspreventiveservicestaskforce.org/BrowseRec/Index/browse-recommendations
Schizophrenia	American Psychiatric Association Treatment of Patients with Schizophrenia (2022) https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890424841

Revised 10/2023

Seizure Disorder/Epilepsy	American Epilepsy Society (2025) / Clinical Care - Clinic Guidance Guidelines
Sickle Cell Anemia	ASH Clinical Practice Guidelines on Sickle Cell Disease 2020 https://www.hematology.org/education/clinicians/guidelines-and-quality-care/clinical-practice-guidelines/sickle-cell-disease-guidelines
Stroke	American Heart Association/American Stroke Association (2024) / https://www.ahajournals.org/doi/10.1161/STR.0000000000000475
Substance Use Disorder	American Academy of Child & Adolescent Psychiatry Clinical Practice Guideline: Assessment and Treatment of Adolescents and Young Adults with Substance Use Disorders and Problematic Substance Use (Excluding Tobacco). https://www.jaacap.org/article/S0890-8567(25)01424-8/fulltext
Suicide Prevention	US Department of Veterans Affairs Assessment and Management of Patients at Risk for Suicide (2019) https://www.healthquality.va.gov/guidelines/MH/srb/ See also Suicide and Suicide Risk in Adolescents from the American Academy of Pediatrics: https://publications.aap.org/pediatrics/article/153/1/e2023064800/196189/Suicide-and-Suicide-Risk-in-Adolescents?autologincheck=redirected
Tobacco Cessation	American Thoracic Society Clinical Practice Guideline: Treatment of Nicotine Use in Adolescents Under 18 Years of Age https://www.atsjournals.org/doi/full/10.1164/rccm.202507-1577ST Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (May 2020, reaffirmed 2023) https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy
Trauma Informed Care	Fostering Resilience and Recovery: A Change Package https://www.thenationalcouncil.org/resources/fostering-resilience-and-recovery/) See also: Substance Abuse and Mental health Services Administration (SAMHSA): Trauma-Informed Approaches and Programs. https://www.samhsa.gov/mental-health/trauma-violence/trauma-informed-approaches-programs