## aetna

2400 Veterans Memorial Blvd., Suite 200 Kenner, LA 70062 1-855-242-0802

### 17-Apha Hydroxprogesterone Caproate (17P) and Makena® Information

17-alpha-hydroxyprogesterone caproate, commonly called 17P when made in a compounding pharmacy and Makena<sup>®</sup> when the medicine is manufactured, may be indicated for women who have had a spontaneous, singleton preterm birth between 20 weeks and 0 days and 36 weeks and 6/7 days of pregnancy. It is not indicated for those women who delivered prior to 20 weeks, prematurely due to multiple gestations, and/or delivered for medical indications.

### **Indications for Intramuscular injection of 17P/Makena®** is proven for prevention of spontaneous preterm birth when the woman

- Has a history of a prior singleton pregnancy delivering spontaneously between 20 weeks and 0 days and 36 weeks and 6/7 days of pregnancy; and
- Has a current singleton pregnancy

#### Treatment with Intramuscular injection of 17P/Makena®

- Treatment is initiated between 16 weeks, 0 days of gestation and 24 weeks, 0 days of gestation, and administration continues weekly until 36 weeks, 6 days of gestation or delivery, whichever occurs first.
- Weekly injections of 17P/ Makena<sup>®</sup> 250mg

## \*There is no evidence-based medicine to support the use of oral progesterone in this population and it should not be prescribed.

#### How to order Intramuscular injection of 17P/Makena®

If you determine that your patient is at risk of having spontaneous preterm birth and meets the indications for treatment with IM 17P/ Makena<sup>™</sup>, then you can prescribe either medication without a prior authorization request.

- Compounded, preservative-free 17P for home administration: If you wish to prescribe compounded, preservative-free 17P for home administration by home health nurses, you may call Alere's Women's OB Care Services at (800) 999-2106 or https://wch-physicianreferral.alerehealth.com. When ordering Alere services, please contact them directly and provide the following: (1) a prescription for the medication and (2) an order for nursing services, (3) your patient's current address and phone number.
- Compounded, preservative-free 17P for office administration: If you wish to prescribe compounded, preservative-free 17P for office administration, you may order the compounded 17P medication from any compounding pharmacy, have it delivered to the your office, and administer it to the member. You will bill Aetna Better Health of Louisiana for reimbursement per each injection administered. For reimbursement of

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17-P medication, use HCPCS code J3490-TH. The "J" code and "TH" modifier must be used. For reimbursement for administration of17-P medication, use office visit (99211-TH) if no higher level evaluation and management service has been billed on that date. Include ICD-9 diagnosis code V23.41 (Pregnancy with history of pre-term labor).

- Office administration of Makena<sup>®</sup>: If you wish to prescribe Makena<sup>®</sup> it can be ordered through CVS Caremark Specialty Pharmacy, phone 800-237-2767. CVS Health Specialty Pharmacy will bill Aetna Better Health of Louisiana for Makena directly. For reimbursement for administration of injection, use office visit (99211-TH) if no higher level evaluation and management service has been billed on that date. Include ICD-9 diagnosis code V23.41 (Pregnancy with history of pre-term labor).
- Home administration of Makena<sup>®</sup> : If you wish to order Makena<sup>®</sup> for home administration by home health nurses, you may call Alere's Women's OB Care Services at (800) 999-2106 or https://wch-physicianreferral.alerehealth.com. When ordering Alere home health services, please contact them directly and provide the following: (1) a prescription for the medication and (2) an order for nursing services, (3) your patient's current address and phone number. You will also need to ordered the Makena<sup>®</sup> through CVS Caremark Specialty Pharmacy, phone 800-237-2767. CVS Health Specialty Pharmacy will bill Aetna Better Health of Louisiana for Makena directly.

For more information, please view Prediction and prevention of preterm birth. Practice Bulletin No. 130. American College of Obstetricians and Gynecologists. Obstet Gynecol 2012;120:964–73.

Should you have any questions, please feel free to call me at 1-855-242-0802, TTY 7-1-1