## Aetna Better Health<sup>®</sup> of Florida



Alzheimer Support		
Groups		
Татра	Orlando	Miami
Support Group at Arden Courts   Alzheimer's Family Organization This meeting is held on the 2nd Sunday of each month at 10 a.m. and 3 <sup>rd</sup> Wednesday of each month at 2 p.m. 14950 Casey Rd Ext Greater Northdale, FL 33624 https://alzheimersfamily.org/ (813) 786-8388 (813) 963-6100	Alzheimer's Association Caregiver Support Group: Heart of Florida Regional Medical Center once a month meeting 9:30 a.m. – 10:30 a.m. 40100 U.S. Hwy 27 North Davenport, FL 33837 24/7 Helpline: 1-800-272-3900 Alzheimer's & Dementia	Florida Department of Elder Affairs-Alzheimer Disease Tallahassee 850-414-2000 www.elderaffairs.state.fl.us/d oea/alz.php Alzheimer's Support Groups in Miami-Dade County, FL www.psychologytoday.com/u s/groups/alzheimers/fl/miami -dade-county
Support Group at Brookdale Northdale   Alzheimer's Family Organization This meeting is held on the 4th Tuesday of the month at 5:30 p.m. 3401 W. Bearss Avenue Tampa, FL https://alzheimersfamily.org/ 813-961-1044 Support Group for Individuals (not caregivers) recently diagnosed with Alzheimer's or memory problems Monthly-3rd Wednesday 1p.m. to 2:30 p.m. USF Health Byrd Alzheimer's Institute 4001 E. Fletcher Avenue	Resource Center 715 Douglas Avenue, Ste 53 Altamonte Springs, FL 32714 They host monthly meetings, scheduled on their website: https://adrccares.org/wp- content/uploads/2018/08/Sup port-Groups.pdf	Magik Adult Day Care Alzheimer's Association • Telephone Support • Early Stage Support • Advanced Alzheimer's Support • Spanish Support There are two types of support groups that caregivers can participate with over the phone. The first is a typical support group that talks on the third and fourth Fridays of the month between 4:30 p.m. and 5:30 p.m. Those who would like to participate can call <b>954-245-8617</b> . The second is for bereaved caregivers who have lost the person they were taking care of up until the time of passing. This group talks

1st Floor Conference Room Tampa, FL For more information, please call: <b>813-974-4357</b> .	between 5:30 p.m. and 6:30 p.m., on the 2nd Wednesday. Participants can call <b>954-895-8329</b> .
	www.alz.org/seflorida/docum ents/Alzheimers_Support_Gro ups_2014.pdf
	The Wien Center forAlzheimer's Disease andMemory Disorders1st Thursdays of the month(Spanish group)12:30 p.m. to 2 p.m.Mount Sanai Main campusCancer Center conferenceroom
	2nd Thursday of the month 12:30 p.m. to 2 p.m. Mount Sanai Aventura campus, Suite 250
	3rd Thursday of the month (English group) 12:30 p.m. to 2 p.m. Coral Gables adult activity center
	4th Thursday of the month 12:30 p.m. to 2 p.m. Mount Sanai Main campus Cancer Center conference room Those that want to join must first call: <b>305-674-2543</b>

	Elder Affairs www.elderaffairs.state.fl.us/d oea/alz.php Alzheimer Support Network - Support Groups The Alzheimer's Support Network offers more than 30 Support Group meetings each month. Groups held in Miami as well. 660 Tamiami Trail North Suite 21 Naples, FL 34102
	Network offers more than 30 Support Group meetings each month. Groups held in Miami as well. 660 Tamiami Trail North Suite 21
	Alzheimer Association – Southeast Florida Chapter – Support Groups Alzheimer's Association support groups offer peer- or professionally led groups for caregivers and others dealing with Alzheimer's disease. 2 Andalusia Ave Coral Gables, 33134 12:30 p.m. to 2 p.m. 1-800-272-3900 www.CommunityResourcegro up.org

Alzheimer Education		
Татра	Orlando	Miami
Online: <u>http://training.alz.org/</u>	Alzheimer's Association www.alz.org/	Alzheimer's Association www.alz.org/
	Alzheimer's & Dementia Resource Center <u>https://adrccares.org/</u>	Alzheimer's & Dementia Resource Center <u>https://adrccares.org/</u>
Terminal Illness Support		
Татра	Orlando	Miami
Associated with specific illness or disease	Associated with specific illness or disease	Catholic Hospice <u>https://namimiami.org/miami</u> <u>-dade-family-support-groups/</u>
Terminal Illness/Education		
Татра	Orlando	Miami
Vistas	Vistas	Vistas
www.counseling.org/resources /library/VISTAS/vistas06 online -only/Daneker.pdf	www.counseling.org/resource s/library/VISTAS/vistas06 onli ne-only/Daneker.pdf	www.counseling.org/resource s/library/VISTAS/vistas06 onli ne-only/Daneker.pdf
Cancer Support Groups		
Татра	Orlando	Miami
BayCare Cancer Support Services https://baycare.org/services/ca ncer/cancer-support-services Moffit Cancer Center https://moffitt.org/patient- family/programs-support- services/support-groups/ Families First https://moffitt.org/patient- family/programs-support- services/families-first/	The Florida Hospital bi-monthly Support group for women diagnosed with metastatic breast cancer. American Cancer Society I Can Cope® Classes are available online <u>Cancer.org/onlineclasses</u>	Sylvester Comprehensive Cancer Center Oncology Support Groups 1475 NW 12th Avenue Miami, FL 33136 305-243-4129 https://umiamihealth.org/sylv ester-comprehensive-cancer- center/cancer-support- services/support-groups Gilda's Club South Florida https://gildasclubsouthflorida.

Head & Neck Cancer Support Group Monthly— 1st Tuesday 6 p.m. Room 200 (2 <sup>nd</sup> Floor) of Rehab building at TGH A community of patients, family members, friends and health care professionals to provide support and education for those dealing with head and neck cancer. Please call 813-844-7706.	Living With Cancer: Support Group 3rd Tuesday of the month 11a.m. – 1p.m. Tuesdays, 3 p.m. – 4 p.m. Wednesdays, 11a.m. – 12 p.m. (Ocoee Location) 1st & 3rd Mondays, 11a.m. (Lake Mary Location) 4th Saturday of the month, 11a.m. – 12 p.m. UFHealth Cancer Center www.orlandohealthcancer.co m/ Cancer Support Community www.cancersupportcommuni ty.org/ Arnold Palmer Hospital Pediatric Support Groups www.arnoldpalmerhospital.c om/patients-and- visitors/support/pediatric- Support-groups The Gathering Place support groups www.touchedbycancer.org/	Miami Cancer Institute Blood Cancer Support Group Meetings take place the second Monday of every month Miami Cancer Institute 8900 N. Kendall Drive Miami, FL 33176 For questions, concerns or to register by phone please call: 954-744-5310 or e- mail Florida.Patient@lls.org
Tampa	Orlando	Miami
Understanding your Diagnosis www.cancer.org/treatment/un derstanding-your- diagnosis.html	Cancer Institute www.cancerinstituteofflorida. com/	Health Council of South Florida www.healthcouncil.org/florida -cancer-control-programs

	American Cancer Society www.cancer.org/about- us/local/florida.html Arnold Palmer Hospital www.arnoldpalmerhospital.c om/ Children's Cancer Research Fund https://childrenscancer.org/	Florida Breast Cancer Coalition Research Foundation www.guidestar.org/profile/01- 0694045 Cancer Support Community - Greater Miami Providing free support, education and hope to people with cancer and their loved ones. www.CancerSupportCommun ityMiami.org
Caregiver Resources		
Татра	Orlando	Miami
Caregiver Support Group for Spouses at Arden Courts   Alzheimer's Family Organization This meeting is held on the 3rd Wednesday of the month at	Alzheimer's & Dementia Resource Center https://adrccares.org/wp- content/uploads/2018/08/Sup port-Groups.pdf	University of Miami Health System 954-210-1121 305-243-4129 https://umiamihealth.org/
Support Group at Brookdale	Jewish Family Services of Orlando www.jfsorlando.org/ Senior Resource www.seniorresourcealliance. org/	FAMILY SUPPORT GROUP - LEUKEMIA & LYMPHOMA Meetings will take place once a month at 5:30 p.m. to 7:30 p.m. 8900 N Kendall Drive Miami Fl 33176 Cancer Support Community
Northdale   Alzheimer's Family Organization This meeting is held on the 2nd Monday of the month at 10 a.m. AND the 4th Tuesday of the month at 5:30 p.m. 3401 W. Bearss Avenue Tampa, FL 352-616-0170 https://alzheimersfamily.org/	Alliance Alzheimer's Association of Central and North Florida www.alz.org/cnfl SHINE www.floridashine.org/	Greater Miami Miami, Florida For questions or additional information please contact: <b>954-744-5310</b> or <u>Florida.Patient@lls.org</u> <u>www.lls.org/southern-florida</u>

Alzheimer's Support Group for Family Caregivers	National Family Caregiver Support Program www.acl.gov/programs/suppo	Vitas www.senioritymatters.com/bl
Monthly-1st Thursday	<u>rt-caregivers/national-family-</u>	og/vitas-alzheimers-disease-
2 p.m. to 4 p.m.	<u>caregiver-support-program</u>	caregiver-support-groups-
USF Health Byrd Alzheimer's		miami-dade-county
Institute	Share the care	
4001 E. Fletcher Avenue	www.helpforcaregivers.org/	Caregiver Resource
1st Floor Conference Room		Network
Tampa, FL		www.caregiverresource.net/
For more information, please		
call <b>813-974-4357</b> .		National Family Caregiver
		Support Program
Alzheimer's Association –		http://elderaffairs.state.fl.us/d
Florida Gulf Coast		oea/caregiver_support.php
Chapter Presents: Family		
Caregiver Support Group		National Center on
Monthly—1st Thursday		Caregiving
2 p.m. to 3 p.m.		Resources by Health Issue or
USF Health Byrd Alzheimer's		Condition
Institute		www.caregiver.org/resources-
4001 East Fletcher Avenue		health-issue-or-condition
1st Floor Conference Room		
Tampa, FL		Family Caregiving 101
For additional information		www.familycaregiving101.org/
please call: <b>813-974-4355</b>		
Tampa Bay Lewy Body		Caregiver information
Dementia Care Givers		https://caregiver.com/
Support Group		
Monthly—2nd Monday		
3 p.m. to 4 p.m.		Nami Miami-Dade Family
USF Health Byrd Alzheimer's		Support Groups
Institute		https://namimiami.org/miami
4001 E Fletcher Avenue		-dade-family-support-groups/
Tampa, FL 33613		
All support group meetings are		Caregiver Support Group
free and open to caregivers of		Second Friday of the month.
those with Lewy Body		

Dementia. Provides support to caregivers through education and information about the disease, sharing real world strategies to cope with your loved one's illness, and fostering a local community through shared experience. For more information, please contact us at: <u>www.TampaBayLewyBodyCare</u> <u>Givers@gmail.com</u>		Call for times. Must pre- register. Call <b>305-692-5417</b> to register. <b>Caregiver Support Group</b> (Aventura) Second Friday of the month. Call for times. Must pre- register. Please call <b>305-692-5417</b> to register.
Caregiver Resource Guide- Caring for a loved one with Cancer www.cancer.org/treatment/car egivers.html		
Others resources you		
might find helpful		
	Orlando	
Татра	Orlando	Miami
To find out about Alzheimer's	Advocacy Connector	American Cancer
To find out about Alzheimer's support groups in west central	<b>Advocacy Connector</b> Connects Patients and	American Cancer Association
To find out about Alzheimer's	<b>Advocacy Connector</b> Connects Patients and Caregivers with resources	American Cancer Association 8095 N W 12 St
To find out about Alzheimer's support groups in west central Florida call:	<b>Advocacy Connector</b> Connects Patients and Caregivers with resources based on their disease and	American Cancer Association 8095 N W 12 St Doral, FL
To find out about Alzheimer's support groups in west central Florida call: <b>Alzheimer's Association, Gulf</b>	Advocacy Connector Connects Patients and Caregivers with resources based on their disease and type of disease.	American Cancer Association 8095 N W 12 St Doral, FL 305-594-4363
To find out about Alzheimer's support groups in west central Florida call: Alzheimer's Association, Gulf Coast Chapter	Advocacy Connector Connects Patients and Caregivers with resources based on their disease and type of disease. www.advocacyconnector.com	American Cancer Association 8095 N W 12 St Doral, FL 305-594-4363
To find out about Alzheimer's support groups in west central Florida call: Alzheimer's Association, Gulf Coast Chapter The Chapter headquarters can	Advocacy Connector Connects Patients and Caregivers with resources based on their disease and type of disease.	American Cancer Association 8095 N W 12 St Doral, FL 305-594-4363 www.cancer.org/
To find out about Alzheimer's support groups in west central Florida call: Alzheimer's Association, Gulf Coast Chapter The Chapter headquarters can be reached at 727-578-2558 in	Advocacy Connector Connects Patients and Caregivers with resources based on their disease and type of disease. www.advocacyconnector.com //search	American Cancer Association 8095 N W 12 St Doral, FL 305-594-4363 www.cancer.org/ Institute for Child and
To find out about Alzheimer's support groups in west central Florida call: Alzheimer's Association, Gulf Coast Chapter The Chapter headquarters can	Advocacy Connector Connects Patients and Caregivers with resources based on their disease and type of disease. www.advocacyconnector.com //search Give Kids the World	American Cancer Association 8095 N W 12 St Doral, FL 305-594-4363 www.cancer.org/ Institute for Child and Family Health Child &
To find out about Alzheimer's support groups in west central Florida call: Alzheimer's Association, Gulf Coast Chapter The Chapter headquarters can be reached at 727-578-2558 in Pinellas County.	Advocacy Connector Connects Patients and Caregivers with resources based on their disease and type of disease. www.advocacyconnector.com //search Give Kids the World The organization and its	American Cancer Association 8095 N W 12 St Doral, FL 305-594-4363 www.cancer.org/ Institute for Child and Family Health Child & Family Counseling
To find out about Alzheimer's support groups in west central Florida call: Alzheimer's Association, Gulf Coast Chapter The Chapter headquarters can be reached at 727-578-2558 in Pinellas County. Their Helpline 1-800-272-3900	Advocacy Connector Connects Patients and Caregivers with resources based on their disease and type of disease. www.advocacyconnector.com //search Give Kids the World The organization and its community partners provide	American Cancer Association 8095 N W 12 St Doral, FL 305-594-4363 www.cancer.org/ Institute for Child and Family Health Child & Family Counseling Provides individual, group or
To find out about Alzheimer's support groups in west central Florida call: Alzheimer's Association, Gulf Coast Chapter The Chapter headquarters can be reached at 727-578-2558 in Pinellas County. Their Helpline 1-800-272-3900 is available toll-free 24 hours a	Advocacy Connector Connects Patients and Caregivers with resources based on their disease and type of disease. www.advocacyconnector.com //search Give Kids the World The organization and its community partners provide children and their families	American Cancer Association 8095 N W 12 St Doral, FL <b>305-594-4363</b> www.cancer.org/ Institute for Child and Family Health Child & Family Counseling Provides individual, group or family therapy for children
To find out about Alzheimer's support groups in west central Florida call: Alzheimer's Association, Gulf Coast Chapter The Chapter headquarters can be reached at 727-578-2558 in Pinellas County. Their Helpline 1-800-272-3900 is available toll-free 24 hours a day, 7 days a week.	Advocacy Connector Connects Patients and Caregivers with resources based on their disease and type of disease. www.advocacyconnector.com //search Give Kids the World The organization and its community partners provide children and their families accommodations in fully-	American Cancer Association 8095 N W 12 St Doral, FL <b>305-594-4363</b> www.cancer.org/ Institute for Child and Family Health Child & Family Counseling Provides individual, group or family therapy for children when their families are
To find out about Alzheimer's support groups in west central Florida call: Alzheimer's Association, Gulf Coast Chapter The Chapter headquarters can be reached at 727-578-2558 in Pinellas County. Their Helpline 1-800-272-3900 is available toll-free 24 hours a	Advocacy Connector Connects Patients and Caregivers with resources based on their disease and type of disease. www.advocacyconnector.com //search Give Kids the World The organization and its community partners provide children and their families accommodations in fully- furnished villas to fulfill their	American Cancer Association 8095 N W 12 St Doral, FL <b>305-594-4363</b> www.cancer.org/ Institute for Child and Family Health Child & Family Counseling Provides individual, group or family therapy for children when their families are unable to pay for services
To find out about Alzheimer's support groups in west central Florida call: Alzheimer's Association, Gulf Coast Chapter The Chapter headquarters can be reached at 727-578-2558 in Pinellas County. Their Helpline 1-800-272-3900 is available toll-free 24 hours a day, 7 days a week. www.alz.org/flgulfcoast	Advocacy Connector Connects Patients and Caregivers with resources based on their disease and type of disease. www.advocacyconnector.com //search Give Kids the World The organization and its community partners provide children and their families accommodations in fully- furnished villas to fulfill their last wish of visiting Florida	American Cancer Association 8095 N W 12 St Doral, FL <b>305-594-4363</b> www.cancer.org/ Institute for Child and Family Health Child & Family Counseling Provides individual, group or family therapy for children when their families are unable to pay for services (because they are uninsured
To find out about Alzheimer's support groups in west central Florida call: Alzheimer's Association, Gulf Coast Chapter The Chapter headquarters can be reached at 727-578-2558 in Pinellas County. Their Helpline 1-800-272-3900 is available toll-free 24 hours a day, 7 days a week. www.alz.org/flgulfcoast Cancer.org Search for	Advocacy Connector Connects Patients and Caregivers with resources based on their disease and type of disease. www.advocacyconnector.com //search Give Kids the World The organization and its community partners provide children and their families accommodations in fully- furnished villas to fulfill their last wish of visiting Florida and our parks.	American Cancer Association 8095 N W 12 St Doral, FL <b>305-594-4363</b> www.cancer.org/ Institute for Child and Family Health Child & Family Counseling Provides individual, group or family therapy for children when their families are unable to pay for services (because they are uninsured or have reached the
To find out about Alzheimer's support groups in west central Florida call: Alzheimer's Association, Gulf Coast Chapter The Chapter headquarters can be reached at 727-578-2558 in Pinellas County. Their Helpline 1-800-272-3900 is available toll-free 24 hours a day, 7 days a week. www.alz.org/flgulfcoast	Advocacy Connector Connects Patients and Caregivers with resources based on their disease and type of disease. www.advocacyconnector.com //search Give Kids the World The organization and its community partners provide children and their families accommodations in fully- furnished villas to fulfill their last wish of visiting Florida	American Cancer Association 8095 N W 12 St Doral, FL <b>305-594-4363</b> www.cancer.org/ Institute for Child and Family Health Child & Family Counseling Provides individual, group or family therapy for children when their families are unable to pay for services (because they are uninsured

pport-programs-and-	Psychology Today	Medicaid or private
services.html	www.psychologytoday.com/u	insurance).
	s/groups/fl/orlando	
		YWCA of Greater Miami
		Family Wellness
		With a specific emphasis on
		reaching uninsured and
		underinsured women from
		African-American, Haitian,
		Caribbean and Hispanic
		communities, provides cancer
		awareness and education,
		linkages to diagnostic cancer
		services in our community,
		and subsidies for clinical
		breast examinations when
		needed.
		Easter Seals South Florida
		In-Home Respite (Case
		Management and Support for
		Older Adults and
		Caregivers): Periodically
		relieves family caregivers of
		their 24-hour responsibilities
		by providing in-home care for
		home-bound older adults
		with Alzheimer's or other
		cognitive impairments