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261 N. University Drive
Plantation, FL 33324
www.AetnaBetterHealth.com/Florida

Date:	August 19, 2022
Purpose:	Educate providers on Community Health Workers
Subject:	Community Health Workers (CHW)
Products:	MMA, LTC, FHK
From:	<u>Provider Relations</u>

Aetna Better Health® of Florida Community Health Workers (CHW) Education

Who are the Community Health Workers (CHW)

- CHW support member health care needs by facilitating access to services and improving member quality of life and overall health.
- CHWs build individual and community capacity by increasing health knowledge and self-sufficiency through a range of activities such as outreach, community education, informal counseling, social support, and advocacy.

Community Health Worker Job Duties

- Referrals to Community Resources
 - Emergency shelter
 - Food security
 - Support groups
 - Transportation
 - Family and social support
 - Smoking cessation and weight management healthy behaviors programs
 - Other identified needs

Ongoing Member Support

- Face to face visits with members
- Assistance coordinating primary care visits
- Support reducing barriers to care accessibility
- Servicing members in Orlando, Miami, and Tampa

One of the most important roles of CHWs is to increase patient confidence in the services or program to support their wellness. Because many individuals may have experienced repeated traumatic experiences, including discriminatory behavior from service providers, they may be afraid of going to the doctor or seeking out support. CHWs engage with members in a nonjudgmental and culturally attuned matter that builds trust. Members are identified by their treating physician for engagement. The CHW will contact the member to assess their needs, provide referrals to community resources and continual support to coordinate care and reduce

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barriers to accessibility.

Thank you for your continued participation in the Aetna Better Health of Florida network. Please contact our Provider Services line should you have any questions at:

Phone: MMA: 1-800-441-5501

LTC: 1-844-645-7371 FHK: 1-844-528-5815

Email: FLMedicaidProviderRelations@aetna.com

Thank you,

Aetna Better Health of Florida

www.aetnabetterhealth.com/florida

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