# A Message from Aetna Better Health of Florida



During a pandemic, healthcare providers are called on like never before – working endless hours, putting their lives and the lives of their families at risk. There's no way we can fully express our thanks and gratitude.

Here at Aetna Better Health of Florida, we have been

working to support communities affected by the virus. As a trusted partner, member care is our highest priority, even in a pandemic.

When an infant, child, or adolescent comes into your office for COVID-related services such as testing or vaccination, there is an opportunity to also promote preventative services, focusing on:

- Child and Adolescent Well-Care Visits
- Childhood Immunization Status
- Lead Screening in Children
- Evaluation for Signs of Depression
- Medication Management
- Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents.



### **Mental Health Matters**

COVID visits are an opportunity to evaluate and assess symptoms of depression and recommend referrals as necessary



### **Identify Gaps in Member Care**

Use COVID visits to identify necessary screenings and follow-ups for well-child appointments



## Decreased Developmental Screening Due to Pandemic

Utilize scheduled COVID office visits to promote subsequent wellness appointments



## Commitment to Populations We Serve

Regular preventative screenings can be coupled with COVID-related visits to improve patient health outcomes



### Staying Active and Eating Right

Promote a healthy lifestyle through physical activity, counseling for nutrition, and calculation of BMI with literature and handouts during scheduled COVID visits

**Healthier Happens Together!** 

### Miguel Fernandez, DO MHS FACOOG

Chief Medical Officer

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**Aetna Better Health of Florida**