

PROVIDER BULLETIN



HEDIS News You Can Use

Improving Prenatal/Postpartum Care

HEDIS 2022

To ensure that your postpartum visits are counted toward the HEDIS performance rate, documentation in the medical record must include the date the postpartum visit occurred, delivery date, and one of the following:

- Notation of “postpartum care,” “PP care,” “PP check,” or “six-week check” **OR**:
- Pelvic exam **OR**:
- **ALL** of the following: Evaluation of weight, blood pressure, breasts, and abdomen
- (Notation of “breastfeeding” is acceptable for the evaluation of breasts component.)

The following will now count towards compliance for the Postpartum HEDIS measure:

- Perineal or cesarean incision/wound check
- Screening for depression, anxiety, tobacco use, substance use disorder, or preexisting mental health disorders..
- Glucose screening for women with gestational diabetes
- Documentation of **ANY** of the following topics:
 - Infant care or breastfeeding, resumption of intercourse, birth spacing or family planning, Sleep/ fatigue, or resumption of physical activity and attainment of healthy weight

** ECDS measure**

Postpartum Depression Screening and Follow-Up (PDS-E)

- Deliveries in which members were screened for clinical depression during the postpartum period, and if screened positive, received follow-up care.
- Measurement Period: January 1 - December 31
- There are two rates reported:
- Depression Screening: Occur within 7-84 days after delivery
- Follow-up on Positive Screen: On or up to 30 days after the first positive screen (31 days total)



Managing Postpartum Visits:

The many competing priorities and challenges for the mother of a newborn make it easy for her to forget to take care of herself. Specifically, that her postpartum visit is not forgotten!

The postpartum visit is an opportunity for providers to address important postpartum care needs of the mother. This bulletin offers tips to help Aetna providers deliver high-quality, timely postpartum care and ensure the proper billing of these services.

To count toward the NCQA HEDIS measure, a postpartum visit **must occur between 7 and 84 days** (one to 12 weeks) after delivery. Incision checks, staple removal, or wound care **now meet** the HEDIS criteria for a postpartum visit. Our goal is to improve rates for HEDIS 2022.



How Aetna Helps

We mail baby books to our prenatal/postpartum members with important health information for mom and baby

Our Health Services team completes trimester screenings and follow ups reminding them of the importance of all prenatal and postpartum visits.





Coding Information

Use appropriate coding with your claims for administrative compliance. Ensuring proper coding will decrease the need for HEDIS medical record reviews and requests.

- **Bundled Services:**
 - 59400, 59410, 59510, 59515, 59610, 59614, 59618, 59622
- **Prenatal Visit:** 99201 0500F
- **Telephone visit:** 99442 (with pregnancy dx)
- **Online assessment:** 99421 (with pregnancy dx)
- **Postpartum Visit:**
 - 57170, 58300., 59430, 99501, 0503F
- **Postpartum Diagnosis:**
 - Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.2



Gaps in Care

Some patients may appear to have ‘Gaps in Care’ despite having services:

Late OB transfers appear to be missing early prenatal care in claims if not a part of Aetna network previously. Be sure to request previous medical record or document where services occurred in your record.

**Submit a claim for postpartum visits even if you are using global billing

****Aetna does pay for 2 postpartum visits; a staple removal visit and follow up postpartum visit between 7-84 days.****



Here For You

Thank you for the excellent care provided to our members!

For questions or for more information, send an email to: FLMedicaidQualityDept@aetna.com

aetnabetterhealth.com/florida



BEST PRACTICES

Tips to improve patient compliance and increase postpartum HEDIS performance

- If member transfers after first trimester, request previous medical record or document where visits occurred.
- Begin postpartum care discussions on a prenatal visit and provide educational material while your patient is still in the hospital or birthing center.
- Schedule the postpartum visit before discharge from the hospital or birthing center.
- For patients who have a postpartum appointment for an incision check between 10-14 days after delivery, make sure they understand the importance of returning within the 12 week time period for their comprehensive postpartum visit.
- When patient does come for incision check/staple removal, schedule the postpartum visit with patient before leaving the office.
- Schedule the postpartum visit within four weeks of delivery to allow enough time to reschedule a missed appointment before 12 weeks.
- Consider a practice-level quality-improvement project if you find many canceled or “no-show” appointments.