Did your family just get a little bit bigger?

Aetna Better Health® of Florida and ProgenyHealth® want to support you.

There is **no cost** to you.
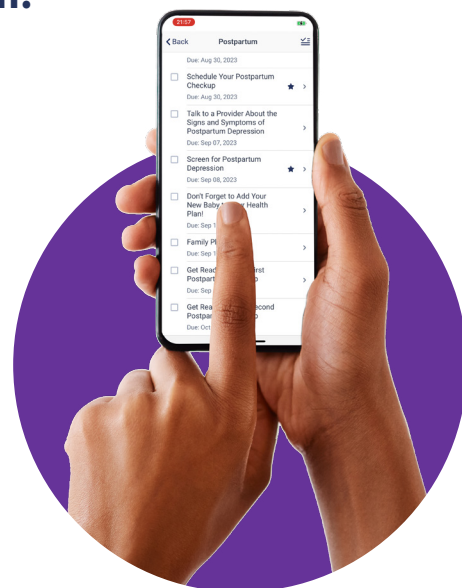
Your Case Manager will help you with:

- **Parenting education**, support, and encouragement
- **Setting up** doctor visits, keeping your appointments and making care plans
- **Breastfeeding** and lactation support
- **Planning** for maternity leave and return to work

Use the Mobile App to:

- **Track** your baby's milestones
- **Create** to-do lists
- **Learn** tips about taking care of a baby
- **Contact** your ProgenyHealth Case Manager

ProgenyHealth will help connect you to additional benefits offered by Aetna Better Health® of Florida:

- **Diaper Club:** $45/month/child under 30 months of age
- **Baby Item Stipend:** $150/pregnancy
- **Period Stipend:** $20/month/member for menstrual products
- **Over-the-Counter Benefit:** $65/month
- **Childcare Stipend:** $150/quarter up to 12 months during pregnancy
- No-cost breast pump
- Doula services
- Rides to doctor appointments

aetna

Aetna Better Health® of Florida

Sign Up Today!

Call Toll Free 855-231-4730

Mon-Fri, 8:30 AM-5:00 PM ET

OR

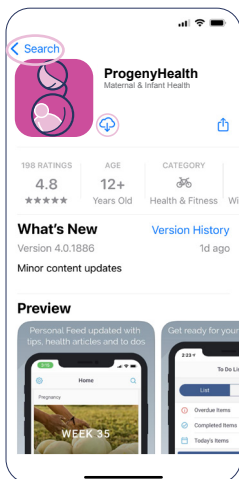## Download the Parenting App

Follow the steps below to get going

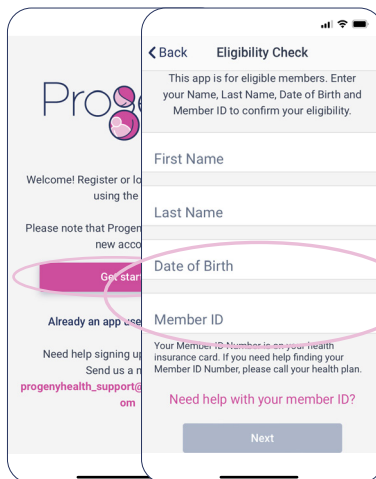**1** **Scan** the QR code
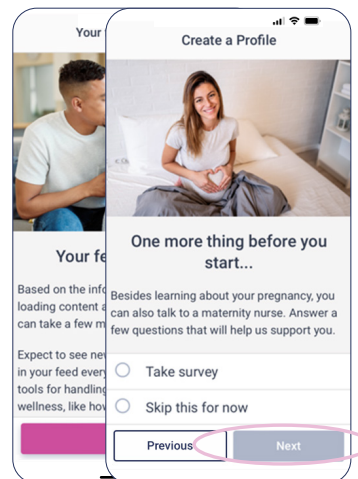
Download on the App Store

GET IT ON Google Play

https://prgnyhlth.onelink.me/LHEz/pfweb

2 **Look** for *ProgenyHealth* **Download** the ProgenyHealth App

3 **Open** the App **Enter** Date of Birth and Member ID

4 **Create** a profile to customize your experience

5 **Explore** the many benefits inside the app

If you have had a pregnancy loss, we are here to help. Get support by calling 1-855-231-4730. This information is available for free in other languages and formats. Please contact our customer service number at 1-800-441-5501 and TTY/TDD 7-1-1, Monday through Friday, from 8 AM to 7 PM.

Progeny HEALTH®