



Aetna Better Health® of Illinois introduces new benefits to eliminate health disparities

Free educational support and meal delivery benefits help members become their best selves this year

DOWNERS GROVE, Ill., Feb. 13, 2024 — Aetna Better Health® of Illinois, a CVS Health® company (NYSE: [CVS](#)), has added four new lifestyle benefits for Medicaid members enrolled through the HealthChoice Illinois program to help make healthy lifestyle choices more accessible. Members can now receive free educational support, meal delivery, clothing for school and \$45 a month to spend on diapers.

By adding the following new benefits, Aetna Better Health of Illinois aims to eliminate barriers to achieving better physical and mental health and make it easier for members to reach their goals.

- **Free educational support:** Eligible members ages 18 and older can get career training, skill building and General Education Degree support.
- **Free meal delivery:** Eligible members ages 18 and older can get meal delivery services with personal nutrition support.
- **Free baby essentials:** Eligible members can get either a car seat, a highchair or play yard, plus a diaper bag and \$45 each month to spend on diapers.
- **Free school clothes:** Eligible members in grades K through 12 (ages 5 through 18) can get a voucher for clothing.

“We cultivate our value-added benefits with care to provide tailored approaches to our members’ unique needs,” said Rushil Desai, CEO of Aetna Better Health of Illinois. “These new enhanced benefits actively focus on gaps in our member’s ability to be healthy and improve their quality of life by helping them achieve personal goals like obtaining their GED or managing their weight.”

Aetna Better Health of Illinois is adding these new lifestyle benefits to their existing value-added offerings, such as the 24-Hour Nurse Line, free gym membership and weight management support, free behavioral and wellness app membership, dollar rewards program for completing healthy actions and free rides to and from medical appointments. These combined benefits are intended to make it easier for members to prioritize their health every day.

Aetna serves Medicaid members in 15 states, serving over 2.5 million members including 420,000 members in 102 counties in Illinois alone through the state’s HealthChoice Illinois Medicaid program. Aetna Better Health of Illinois offers value-added benefits leveraging best practices that have proven positive results in utilization, health gap closures and member



satisfaction. For more information about Aetna Better Health of Illinois, visit our website, www.aetnabetterhealth.com/illinois-medicaid.

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About Aetna Medicaid

Aetna Medicaid Administrators LLC (Aetna Medicaid), a CVS Health company, has over 30 years of experience managing the care of under-resourced populations, using innovative approaches and a local presence in each market to achieve both successful health care results and effective cost outcomes. Aetna Medicaid has expertise serving high-need Medicaid members, including those who are dually eligible for Medicaid and Medicare. Currently, Aetna Medicaid owns and/or administers Medicaid managed health care plans under the names of Aetna Better Health and other affiliate names. Together, these plans serve members in 15 states, including Arizona, Florida, Illinois, Kansas, Kentucky, Louisiana, Maryland, Michigan, New Jersey, New York, Ohio, Pennsylvania, Texas, Virginia and West Virginia. For more information, see www.aetnabetterhealth.com.

About CVS Health

[CVS Health](#)® is the leading health solutions company, delivering care like no one else can. We reach more people and improve the health of communities across America through our local presence, digital channels and over 300,000 dedicated colleagues – including more than 40,000 physicians, pharmacists, nurses, and nurse practitioners. Wherever and whenever people need us, we help them with their health – whether that's managing chronic diseases, staying compliant with their medications, or accessing affordable health and wellness services in the most convenient ways. We help people navigate the health care system – and their personal health care – by improving access, lowering costs and being a trusted partner for every meaningful moment of health. And we do it all with heart, each and every day. Follow @CVSHealth on social media.

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