

HEDIS® measures

Follow-Up Care for Children Prescribed ADHD Medication (ADD)

This HEDIS[®] measure looks at the percentage of members ages 6–12 on newly prescribed attention-deficit/hyperactivity disorder medication who had at least 3 follow-up care visits within 10 months (one within 30 days) of the first ADHD medication being dispensed. There are two phases being evaluated:

- **Initiation phase**: Members receiving a follow up visit with a prescribing provider within 30 days of receiving their medication
- **Continuation and maintenance phase**: Members who continue taking ADHD medication during the nine months after the initiation phase and receiving two additional follow up visits within those nine months

Note: The member must remain on the ADHD medication for at least 7 months (210 days) of the 10-month measurement period to be included in the continuation and maintenance phase.

Numerator codes for ADD

There is a large list of approved NCQA codes used to identify services included in the ADD measure. Below are a few examples of approved codes. For a complete list, see **NCQA.org**.

Code class	Codes	Description
CPT	98960- 98962, 99078, 99201-99205, 99211-99215, 99241-99245	Behavioral health outpatient visits, consultations, education, new patient visits
CPT	99218-99220	Observation visits
СРТ	99442	Telephone visit
СРТ	99421-99423	Online Assessment/Virtual

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Strategies for providers

- ✓ Monitor dosage of medications within 30 days of initial prescribing to make adjustments if needed.
- ✓ Remind patients of their follow-up appointments.
- Discuss with parents the medication options and side effects to come to a collaborative agreement on a treatment plan.
- Discuss behavioral therapy, psychotherapy, family therapy, support groups, social skills training and/or parenting skills training options and resources in addition to medication therapy.
- ✓ Promote continuity of care between psychiatrists, primary care physicians, other appropriate health care providers and schools to ensure quality healthcare.
- ✓ Where appropriate, use telehealth and telephone visits when in-person services are not possible, or telephone services are preferred.



For assistance finding a provider to refer for mental health treatment, use our provider directory or call Aetna at **1-866-329-4701.**

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