Aetna Better Health<sup>®</sup> of Kansas 9401 Indian Creek Parkway, Suite 1300 Overland Park, KS 66210





September 24, 2021

## Aetna Better Health<sup>®</sup> of Kansas Clinical Payment, Coding and Policy Changes

We regularly augment our clinical, payment and coding policy positions as part of our ongoing policy review processes. To keep our providers informed, please see the below communication of upcoming new policies.

Effective for dates of service beginning 11/23/2021:

## Planned Cesarean Delivery Less than 39 Weeks of Gestation

Based on the American College of Obstetricians and Gynecologists, cesarean delivery requested by the mother should not be performed before a gestational age of 39 weeks in the absence of other indications for early delivery since there is a higher risk of respiratory morbidity, including transient tachypnea of the newborn, respiratory distress syndrome, and persistent pulmonary hypertension.