



## Aetna Better Health Family Finding Boot Camps

### What is a Family Finding Boot Camp?

Family Finding is key **family and community engagement practice**.

- Large numbers of adult relatives and supportive community members can be found to support parents and provide care and connection for children who cannot live safely with a parent.
- Early experiences in childhood are the foundation of learning and health, children develop for better in the context of relationships.
- Urgent identification of relatives and community members can create increased opportunities for safety and healing in families while promoting healthy development.
- Caseworkers develop new engagement skills and have access to powerful tools for searching and engaging supportive relationships for children and youth.

Family Finding Boot Camps are a group learning opportunity where staff and community partners learn together using new skills and tools.

### Neuroscience, Epigenetics, ACEs and Resilience

Child Protection and Children's Mental Health have used Family Meeting Practices for decades as a planning and decision-making process. A revolution in the Biological Sciences, Neuroscience and Genomics over the past 20 years has created opportunities to rethink our ideas and use of Family & Community Meetings as a community of healing for maltreated children and parents struggling with addiction and mental illness.

### Standing a Health System Shoulder to Shoulder with Kentucky's Professionals

Participants in Family Finding Boot Camps sit together with Aetna Care Managers and other partners to practice using the tools and Strategies of Family Finding while working with children and families together.

The Family Finding Model organizes around a theory of change in Child Protection: Safety is temporary for children and families without healing. Aetna Care Managers join with Child Protection professionals to collaborate in the most important work we can do for maltreated children, find the safety and healing they will need to live a good life.

