



Every body + mind matters newsletter

Fall 2026



Aetna Better Health (ABHLA)

takes a whole-person approach to Medicaid, bringing together what matters most to health. Through expert care and easier access to services and support, we help our members live their healthiest lives. This newsletter is specifically dedicated for our providers with updates, resources, and articles. This newsletter, as well as previous newsletters, can be found [on our website](#).

Key Takeaways

- New Lunch & Learn Series
- Provider Incentive Update
- New Preferred Biosimilars Available on SPDL

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Aetna Better Health of Louisiana offers sign language and over-the-phone interpreter services at no cost to the provider or member. Please contact Aetna Better Health of Louisiana at **1-855-242-0802** for more information on how to schedule these services in advance of an appointment.



The Bulletin Board

A quarterly roundup of Informational Bulletins and updates from LDH

- **Informational Bulletin 26-8: Implementation of the New 2026 HCPCS Codes** Remaining fee schedules will be updated via auto-refresh on 4/10/26. Claims will be automatically recycled.
- **Informational Bulletin 26-9: LDH Clarification Regarding Room and Board Recoupments** IB 25-31 did not establish a new policy. MCOs should not use it as a basis to recoup room and board payments.
- **Informational Bulletin 26-10: CMS-Mandated Off-Cycle Medicaid Provider Revalidation Initiative** Selected providers will be required to complete off-cycle revalidation to align with recent CMS guidance.
- **Informational Bulletin 26-11: Pharmacist Billing for HIV PEP/PrEP Services** Pharmacists are now authorized to provide certain services related to PEP and PrEP medications.
- **Informational Bulletin 26-12: Important Information Regarding Health Blue Transition** Healthy Blue will cease its role as a Louisiana Medicaid MCO effective 12/31/26.
- **Informational Bulletin 26-13: Temporary Enrollment Moratoria for DME, Home Health Agency, and Hospice Providers** LDH is issued a temporary enrollment restriction to align with a federal response effective until 12/17/26.

Back to School

TPN.health is a virtual platform where licensed providers can earn FREE continuing education. ABHLA sponsors CE/CMEs for a variety of provider types. For a full list of on demand and past webinars, scan the QR code.



Use QR code to access ALL ABHLA sponsored TPN.health events (live and ODE)



Provider Power Hour

ABHLA is hosting a virtual lunch and learn series to offer our providers more resources for insights into operations and guidance on how to seamlessly work with MCO partners.

Our first installment — Appeal Denial Trends and Resolution Guidance — will be on Friday, 10/16/26, at 12:30pm CST. Keep an eye on your inbox for details on this and future lunch and learn opportunities.

STI Prevention & Testing: “Talk • Test • Treat” — Part 1: Talk

The first phase of the CDC’s **Talk • Test • Treat** initiative focuses on **TALK**. Routine, respectful conversations about sexual health can help providers identify screening needs, reduce stigma, and connect patients to appropriate testing and treatment resources.



Talk: Make sexual history and sexual health discussions a routine part of care. Normalize the conversation by explaining that these questions are asked of all patients to support overall health and well-being.

Tips for productive patient conversations

- Create a welcoming and inclusive clinic or office environment before the visit begins.
- Use a private setting and explain how the patient’s confidentiality will be protected.
- Avoid assumptions. Use open-ended questions and standardized sexual orientation and gender identity questions when taking a sexual history.
- If a patient is hesitant, rephrase the question or briefly explain why the information is important to their care.
- Confirm that you and the patient have a shared understanding of the terms being used.

Support respectful, stigma-free care

These approaches can help facilitate therapeutic conversations and reduce stigma related to STI and HIV screening, including syphilis screening during prenatal care. When discussing testing, clearly explain available options and how the results will inform next steps.

Connect patients to additional resources

Patients who are not ready to test during the visit may benefit from information about confidential testing, self-test options where available, and other resources through their Medicaid plan or the [Louisiana Health Hub](#).

Provider resource: [CDC guidance for talking with patients about sexual health](#)

Falling Into Flu Season

With school back in session, Flu, COVID-19, and RSV are all going around once again. It's more important than ever to talk to your patients and their families about the many ways they can stay healthy.

HELP MEMBERS STAY HEALTHY



Staying home when sick or running a fever can help stop the spread of viruses



Getting Vaccinated against flu, RSV, and COVID can reduce risk of infection*



Washing up and keeping hands away from the face can keep germs at bay

*members can receive a \$25 gift card for getting their annual flu shot

Congenital Syphilis Screening Provider Incentive Update

Aetna Better Health of Louisiana is committed to supporting healthy pregnancies and safe deliveries. As congenital syphilis rates continue to rise nationally, with 2023 marking the highest number of confirmed cases since 1994, we are asking providers to continue prioritizing timely syphilis screening during pregnancy.

In addition to a member incentive, ABHLA is giving providers \$20 per syphilis screening at initial prenatal visits, third trimester visits, and at delivery for every member screened. See the full provider bulletin [here](#).

What the Doctor Ordered – Preferred Biosimilars Available on the SPDL

ABHLA is excited to announce that Preferred Biosimilars for Humira and Generic Drugs are now available as preferred on the [Single PDL](#). Aetna makes every effort to promote quality and cost-effective drug utilization for our members. We encourage you to review the Single PDL for the newly released biannual updates.

