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Upcoming Virtual CE Event

Obesity and Mental Health in High Risk Communities

CE Details: 2.0 General Hours

Date: Tuesday, July 30, 2023

Time: 11:00 AM - 1:00 PM CDT

This presentation discusses the research that shows a link between obesity and various mental health issues including anxiety, depression, bipolar disorder, and eating disorders. There will be an in-depth discussion on why Non-Hispanic Black adults have the highest prevalence of obesity (41.7%), why obesity is considered a disease and not a personal failing, and how to advocate for patients with this condition.



**Tiffani Bell Washington,
MD, MPH**

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