<u>Respiratory Syncytial Virus (**RSV**)</u> is a virus that can make babies very sick. It spreads easily through coughs, sneezes, or by touching infected surfaces, causing breathing problems, fever, and lung infections like pneumonia. **RSV** is the top reason babies go to the hospital.



# **Protect Your Baby from RSV**

# Why Get the RSV Vaccine?

- RSV can be dangerous for newborns and young children.
- Two ways to protect your baby:

**During pregnancy:** A vaccine for pregnant people helps protect babies at birth.

## **RSV Vaccine for Pregnant People**

Who? Anyone 32-36 weeks pregnant.

When? September-January

#### How it helps:

- Protects baby at birth with antibodies.
- Fewer hospital visits for RSV.
- Covered by Maryland Medicaid.

**After birth:** A special antibody shot helps protect newborns during RSV season.

### **RSV Protection After Birth**

**Who?** Babies born during RSV season (**Oct-Mar**)

When? First 6 months of life.

## How it helps:

- Helps prevent serious RSV illness.
- Fewer doctor visits and hospital stays.
- Best for babies at higher risk of getting very sick

#### Where to Get RSV Protection?

Maryland Medicaid covers the cost of RSV protection. Pregnant individuals can receive the vaccine directly from their OB-GYN if available. If your provider does not offer it, you may be able to receive a prescription to have it administered at a pharmacy, such as CVS Pharmacy. Talk to your healthcare provider to find the best option for you.

#### What You Can Do

- √ Help stop the spread by washing hands and staying away from sick people.
- √ Ask your doctor about RSV protection during pregnancy OR
- ✓ Talk to your baby's doctor about the antibody shot.

