



Aetna Better Health® of New Jersey

Developmental, Individual Difference, Relationship-Based Model (DIR) Program

**Rates effective
4/1/2023**

Effective **April 1, 2023**, DMAHS is expanding who can provide DIR services. DIR services may now be provided by individuals with a DIR certification and a minimum of a high school diploma when supervised by a master’s-level practitioner with an advanced certification in DIR. New providers who possess less than a bachelor’s degree must be supervised. Supervised providers must be certified to provide DIR by a certification/endorsement recognized by the Department of Human Services (DHS) and possess, at a minimum, a high school diploma, or equivalent. Reimbursement for supervision of each provider at this level shall be for a minimum of 1 hour per week, but not to exceed 2 hours per week.

Treatment assessment and treatment plan revision can only be completed by a licensed master’s - level clinician whose scope of practice allows for assessment and treatment planning. These individuals are known as DIR Qualified Healthcare Providers (QHPs). Only QHPs shall review/revise the treatment plan while supervising the DIR provider. Supervision services will be billed using 96156EP26 in 15-minute units. Supervision services are billed concurrently with the services being provided by the DIR provider utilizing 96158EP through 96171EP. Supervision must be provided face-to-face.

Code with Modifier	Unit of Service/ Suggested Daily Limits	Medicaid Rate	Description	Service Provision
96156EP	Per Diem Suggested Daily Limits: 1 Units	\$200.00	Health behavior assessment or re-assessment:	Development of the initial assessment and development of a treatment plan as well as reassessment and progress reporting by the QHP. Allowable activities include face-to-face time with the patient and/or caregivers to conduct assessments as well as non-face-to-face time for reviewing records, scoring and interpreting assessments, and writing the treatment plan or progress report.

Code with Modifier	Unit of Service/ Suggested Daily Limits	Medicaid Rate	Description	Service Provision
96156EP26	15 Minutes Minimum of 4 units and up to 8 units per calendar week for each supervisee	\$25.00	Supervision/treatment plan modification	Supervision and/or treatment plan reassessment and development by a QHP. Supervision may be provided by a clinician possessing a master's degree and an advanced DIR certification. Supervision must be face-to-face with the patient and the supervised employee present. Supervision is a minimum of 1-hour per week and a maximum of 2-hours per week. Treatment plan reassessment must be completed by a QHP.
96158EP	30 Minutes Suggested Daily Limits: 1 Unit	\$42.50	Health behavior intervention, initial 30 mins	Codes 96158EP-96159EP are billed for behavior treatment by protocol, administered by, or under the direction of, a QHP, face-to-face with one patient.
96159EP	Each additional 15 Minutes Suggested Daily Limits: 30 Units	\$21.25	Health behavior intervention, each additional 15 mins	
96164EP	30 Minutes Suggested Daily Limits: 1 Unit	\$11.20	Health behavior intervention, initial 30 mins	Codes 96164EP-96165EP are billed for group-led sessions, by or under the direction of a QHP, for a minimum of 2 individual patients to a maximum of 8 individual patients. Billing is made for each child in the group session.
96165EP	Each additional 15 Minutes Suggested Daily Limits: 22 Units	\$5.60	Health behavior intervention, each additional 15 mins	

Code with Modifier	Unit of Service/ Suggested Daily Limits	Medicaid Rate	Description	Service Provision
96167EP	30 Minutes Suggested Daily Limits: 1 Unit	\$50.00	Health behavior intervention, family, initial 30 mins	Codes 96167EP–96168EP are billed for guidance services provided by, or under the direction of, a QHP to a family with an autistic child with the child present. Family members/caretakers are taught to apply the same treatment protocols and interventions to reduce unwanted behaviors and reinforce appropriate behavior. The provider may bill for each set of parents/caregivers. In the event of two autistic children with the same parents/caregivers, billing is only allowed for the parents or caregivers once.
96168EP	Each Additional 15 Minutes Suggested Daily Limits: 14 Units	\$25.00	Health behavior intervention, family, each additional 15 mins	
96170EP	30 Minutes Suggested Daily Limits: 1 Unit	\$50.00	Health behavior intervention, initial 30 mins	Codes 96170EP–96171EP are billed for guidance services provided by, or under the direction of, a QHP to a family with an autistic child without the child present. Family members/caretakers are taught to apply the same treatment protocols and interventions to reduce unwanted behaviors and reinforce appropriate behavior. The provider may bill for each set of parents/caregivers. In the event of two autistic children with the same parents/caregivers, you would only allow billing for the parents or caregivers once.
96171EP	15 Minutes Suggested Daily Limits: 14 Units	\$25.00	Health behavior intervention, each additional 15 mins	

Non-QHP DIR certified providers are reimbursed based on their educational level and training. Billers should use the appropriate modifier below. Providers will be paid the listed percentage of the QHP rates in the grid above. For example, a master’s-level clinician will bill 96158EPHO and will be paid \$36.13.

HS Diploma/Associates Degree	HM Modifier	70%
Bachelor’s Degree	HN Modifier	80%
Master’s Degree	HO Modifier	85%
Doctoral Level	HP Modifier	90%