Uplifting support for guardians of teens 13-17

As a guardian, you face unique challenges and stresses. Caregiving has its rewards. But it comes at a cost.

That's why we're offering guardians a **free program** of support. Pyx Health can help with loneliness. Isolation. Stress. Caregiver fatigue. The friendly staff and easy app support you with compassion and practical help.

<text><text><text><text>

Download the Pyx Health app on your phone or tablet. You can also sign up by phone 1-855-288-1651 (TTY: 711)



Aetna Better Health[®] of Oklahoma



Download the app in minutes...



DOWNLOAD the app to your smartphone or tablet. Just search "Pyx Health" in the App Store or Google Play. You can also sign up by phone: **1-855-288-1651 (TTY:711)**







	EXPLORE	Talk or DM with our caring support staff and start using the helpful features.
	<	Find community resources and help lines
	<u></u>	Chat with our friendly and supportive chatbot 24/7
	<u></u>	Find helpful, engaging activities and games

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ENGLISH: ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-844-365-4385 (TTY: 711). ESPAÑOL: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-365-4385 (TTY: 711). TIÉNG ANH: LƯU Ý: Nếu nói tiếng Anh, quý vị cũng có thể sử dụng dịch vụ hỗ trợ ngôn ngữ miễn phí. Hãy gọi 1-844-365-4385 (TTY: 711). 3382103-05-01 (4/24)

