

Info Guide

Enhancing Patient Care Through Medication Management Innovation



Working Together for Better Patient Outcomes

At Aetna Better Health® of Oklahoma, we're committed to supporting our provider partners in delivering exceptional patient care. We understand that managing complex medication regimens while optimizing patient outcomes requires an integrated, data-driven approach. That's why we're excited to introduce the Arine solution – a new program focused on pharmacy interventions, powered by Arine's team of clinical pharmacists and AI-driven data analytics.

This program will serve as an extension of your practice, providing expert guidance to help you make informed medication decisions. By combining your clinical expertise with Arine's advanced analytics, we can better identify potential medication-related risks before they lead to adverse outcomes. This means better health for our patients and lower costs for everyone.

Introducing Arine: A Comprehensive Medication Management Platform

The Arine platform helps identify patients at increased risk for near-term costly interventions due to medication-related problems. The solution evaluates multiple aspects of clinical pharmacy and medication management, including:

- Drug appropriateness and interactions
- Potential adverse reactions
- Adherence challenges
- Dosing optimization

Through Arine, we can provide timely, personalized care recommendations and ensure patients receive optimal medication therapy. This allows us to improve medication adherence, enhance safety, and achieve better outcomes for our patients.

Arine's Proven Results With Real-World Impact

>40%

Reduction in hospital readmissions

>20%

Reduction in emergency room visits

Up to 15%

Reduction in total cost of care

For Patients

- More personalized medication management
- Improved medication adherence
- Better health outcomes

For Providers

- Comprehensive view of medication therapy
- Identification of patients with medication needs
- Clear, actionable medication recommendations

For Health Plans

- Fewer hospitalizations and ER visits
- Better population health outcomes
- Lower overall healthcare costs

Partnership Process and Provider Engagement

How It Works

- 1. Patient Identification.** Advanced AI models analyze broad datasets to identify and prioritize patients with the highest risk and greatest potential for impact from medication interventions.
- 2. Clinical Medication Review.** Identified patients receive a comprehensive medication review (CMR) from an Arine pharmacist that generates specific recommendations for optimization.
- 3. Provider Communication.** You'll receive a fax with:
 - Potential medication changes to consider
 - Clinical rationale for each recommendation
 - Supporting clinical documentation

What To Do

Review and implement recommendations if appropriate

- Evaluate the suggested medication changes
- Implement appropriate recommendations based on your clinical judgment
- Document your decision via fax response

Stay connected

- Provide feedback on recommendations
- Reach Aetna Better Health® of Oklahoma at 1-844-365-4385