



Aetna Better Health® of Florida (MEDICAID)

Prior Authorization
Soma® (Carisoprodol)/Soma® Compound

Note: Maximum of 30 Days Approval (120 Tablets)/365 Days
Note: Form must be completed in full. An incomplete form may be returned.

Beneficiary's Medicaid ID# [grid] Date of Birth (MM/DD/YYYY) [grid]

Beneficiary's Full Name [grid]

Prescriber's Full Name [grid]

Prescriber's NPI [grid]

Prescriber Phone Number [grid]

Prescriber Fax Number [grid]

Pharmacy Name [grid]

Pharmacy Medicaid Provider # [grid]

Pharmacy Phone Number [grid]

Pharmacy Fax Number [grid]

Form with checkboxes for Soma (Carisoprodol) and Soma Compound, and fields for Directions and Quantity/30 Days.

Please indicate patient diagnosis: (Must provide supporting documentation.)

Please list (2) preferred skeletal muscle relaxants the patient received in the past 365 days. (Please provide supporting clinical documentation indicating therapeutic outcome of trials and failures.)

Drug Name: _____ Dates of Use: _____

Reason for Discontinuing: _____

Drug Name: _____ Dates of Use: _____

Reason for Discontinuing: _____

Prescriber's Signature: _____ Date: _____

REQUIRED FOR REVIEW: All copies of medical records (e.g., diagnostic evaluations and recent chart notes), and the most recent copies of related labs. The provider must retain copies of all documentation for five years.

Fax completed prior authorization request form to Aetna Better Health of Florida at 855-799-2554 or submit Electronic Prior Authorization through CoverMyMeds® or SureScripts.

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PROTOCOL

Soma® (Carisoprodol/Soma® Compound)

(Maximum of 30 days approval [120 tablets]/365 days)

NOTE: Form must be completed in full. An incomplete form may be returned.

Approval Indications:

- Beneficiary must have failed at least two preferred skeletal muscle relaxants in the past 365 days.
- Approval limited to a one month supply (120 tablets) during a 365 day period.

Approval Period:

- Maximum of 30 days approval (120 tablets) / 365 days

TAPERING GUIDELINES (Sample)

Short Taper	Long Taper
<p>Reduce Carisoprodol over 4 days:</p> <ul style="list-style-type: none"> • 350 mg TID X 1 day, then • 350 mg BID X 2 days, then • 350 mg QD X 1 day 	<p>Reduce Carisoprodol over 9 days:</p> <ul style="list-style-type: none"> • 350 mg TID X 3 days, then • 350 mg BID X 3 days, then • 350 mg QD X 3 days