

**AETNA BETTER HEALTH® OF VIRGINIA REQUEST FORM**

**Xolair® (omalizumab)**

**Fax back to: 1-855-799-2553**

If the following information is not complete, correct, or legible, the PA process can be delayed. Please use one form per member.

**Physician Administered Drug:** This form is only to be used for members obtaining the medication from a pharmacy through billing the pharmacy benefit at point-of-sale.

**MEMBER INFORMATION**

**Last Name:**

**First Name:**

**Medicaid ID Number:**

**Date of Birth:**

**Weight in Kilograms:**

**PRESCRIBER INFORMATION**

**Last Name:**

**First Name:**

**NPI Number:**

**Phone Number:**

**Fax Number:**

**DRUG INFORMATION**

**Drug Name/Form:**

**Strength:**

**Dosing Frequency:**

**Length of Therapy:**

**Quantity per Day:**

The Virginia Department of Medical Assistance Services considers the use of concomitant therapy with Cinqair®, Dupixent®, Fasenra®, Nucala®, Tezspire™ and Xolair® to be experimental and investigational. Safety and efficacy of these combinations have **NOT** been established and will **NOT** be permitted.

*(Form continued on next page.)*

Member's Last Name:

Member's First Name:

---

**DIAGNOSIS AND MEDICAL INFORMATION**

---

**For severe\* asthma initial approval, complete the following questions to receive a 6-month approval:**1. Is the member 6 years of age or older? **AND**☐ Yes ☐ No2. Does the member have a diagnosis of severe \*asthma? **AND**☐ Yes ☐ No3. Does the member have a positive skin test or in vitro reactivity to a perennial aero-allergen; **AND**☐ Yes ☐ No4. Does the member weigh between 20 kg (44 lbs.) and 150 kg (330 lbs.); **AND**☐ Yes ☐ No

5. Does the member have serum total IgE level, measured before the start of treatment, of either:

- $\geq 30$  IU/mL and  $\leq 700$  IU/mL in patients age  $\geq 12$  years; **OR**
- $\geq 30$  IU/mL and  $\leq 1300$  IU/mL in patients age 6 to  $< 12$  years; **AND**

☐ Yes ☐ No6. Will coadministration with another monoclonal antibody be avoided (e.g., mepolizumab, reslizumab, benralizumab, dupilumab, tezepelumab-ekko)? **AND**☐ Yes ☐ No7. Will this be used for add-on maintenance treatment in members regularly receiving **both** (unless otherwise contraindicated) of the following:

- Medium-to high-dose inhaled corticosteroids; **AND**
- An additional controller medication (e.g., long-acting beta agonist, leukotriene modifiers)?

☐ Yes ☐ No8. Has the member had two or more exacerbations in the previous year requiring oral or injectable corticosteroid treatment (in addition to the regular maintenance therapy defined above) **or** one exacerbation resulting in a hospitalization? **AND**☐ Yes ☐ No*(Form continued on next page.)*

Member's Last Name:

Member's First Name:

---

9. Does the member have at least one of the following for assessment of clinical status:

- Use of systemic corticosteroids
- Use of inhaled corticosteroids
- Number of hospitalizations, ER visits, or unscheduled visits to healthcare provider due to condition
- Forced expiratory volume in 1 second (FEV<sub>1</sub>)?

☐ Yes ☐ No**For severe\* asthma renewal, complete the following questions to receive a 12-month approval:**10. Has the member been assessed for toxicity? **AND**☐ Yes ☐ No

11. Does the member have improvement in asthma symptoms or asthma exacerbations as evidenced by decrease in one or more of the following:

- Use of systemic corticosteroids
- Hospitalizations
- ER visits
- Unscheduled visits to healthcare provider
- Improvement from baseline in forced expiratory volume in 1 second (FEV<sub>1</sub>)?

☐ Yes ☐ No**For chronic idiopathic urticaria/chronic spontaneous urticaria initial approval, complete the following questions to receive a 6-month approval:**12. Is the member 12 years of age or older? **AND**☐ Yes ☐ No13. Is the underlying cause of the patient's condition is NOT considered to be any other allergic condition(s) or other form(s) of urticaria? **AND**☐ Yes ☐ No14. Is the member avoiding triggers (e.g., NSAIDs, etc.)? **AND**☐ Yes ☐ No15. Documented baseline score from an objective clinical evaluation tool, such as: urticaria activity score (UAS7), angioedema activity score (AAS), Dermatology Life Quality Index (DLQI), Angioedema Quality of Life (AE-QoL), urticaria control test (UCT), angioedema control test (AECT), or Chronic Urticaria Quality of Life Questionnaire (CU-Q2oL)? **AND**☐ Yes ☐ No*(Form continued on next page.)*

Member's Last Name:

Member's First Name:

16. Has the member had an inadequate response to a one or more-month trial on previous therapy with scheduled dosing of a second-generation H1-antihistamine product; **AND**

☐ Yes ☐ No

17. Has the member had an inadequate response to a one or more-month trial on previous therapy with scheduled dosing of at least one of the following:

- Up-dosing/dose advancement (up to 4-fold) of a second generation H1-antihistamine
- Add-on therapy with a leukotriene antagonist (e.g., montelukast, zafirlukast, etc.)
- Add-on therapy with another H1-antihistamine\*\*
- Add-on therapy with a H2-antagonist (e.g. ranitidine, famotidine, etc.)

☐ Yes ☐ No

**For chronic idiopathic urticaria/chronic spontaneous urticaria renewal, complete the following questions to receive a 12-month approval:**

18. Has the member been assessed for toxicity? **AND**

☐ Yes ☐ No

19. Does the member have a clinical improvement as documented an objective clinical evaluation tool? (e.g., UAS7, AAS, DLQI, AE-QoL, UCT, AECT, CU-Q2oL, etc.)

☐ Yes ☐ No

**For chronic rhinosinusitis with nasal polyps (CRSwNP) initial approval, complete the following questions to receive a 6-month approval:**

20. Is the member 18 years of age or older? **AND**

☐ Yes ☐ No

21. Has the member failed on at least 8 weeks of intranasal corticosteroid therapy? **AND**

☐ Yes ☐ No

22. Does the member have at least 3 of the following indicators for biologic treatment (**note:** members with a history of sino-nasal surgery are only required to have at least 3 of the indicators):

- Patient has evidence of type 2 inflammation (e.g., tissue eosinophils  $\geq 10/\text{hpf}$ , blood eosinophils  $\geq 150 \text{ cells}/\mu\text{L}$ , or total IgE  $\geq 100 \text{ IU/mL}$ )
- Patient has required  $\geq 2$  courses of systemic corticosteroids per year or  $>3$  months of low dose corticosteroids, unless contraindicated
- Disease significantly impairs the patient's quality of life
- Patient has experienced significant loss of smell
- Patient has a comorbid diagnosis of asthma; **AND**

☐ Yes ☐ No

*(Form continued on next page.)*

**Member's Last Name:**

**Member's First Name:**

23. The member does not have any of the following:

- Antrochoanal polyps
- Nasal septal deviation that would occlude at least one nostril
- Disease with lack of signs of type 2 inflammation
- Cystic fibrosis
- Mucoceles; **AND**

☐ Yes ☐ No

24. Have other causes of nasal congestion/obstruction been ruled out (e.g., acute sinusitis, nasal infection or upper respiratory infection, rhinitis medicamentosa, tumors, infections, granulomatosis)? **AND**

☐ Yes ☐ No

25. Has the physician assessed baseline disease severity utilizing an objective measure/tool? **AND**

☐ Yes ☐ No

26. Will therapy be used in combination with intranasal corticosteroids unless unable to tolerate or is contraindicated?

☐ Yes ☐ No

**For CRSwNP renewal, complete the following questions to receive a 12-month approval:**

27. Has the member been assessed for toxicity? **AND**

☐ Yes ☐ No

28. Does the member have disease response as indicated by improvement in signs and symptoms compared to baseline in one or more of the following: nasal/obstruction symptoms, improvement of sinus opacifications as assessed by CT-scans and/or an improvement on a disease activity scoring tool [e.g., nasal polyposis score (NPS), nasal congestion (NC) symptom severity score, sinonasal outcome test-22 (SNOT-22), etc.]? **OR**

☐ Yes ☐ No

29. Did the member have improvement in at least one of the following response criteria:

- Reduction in nasal polyp size
- Reduction in need for systemic corticosteroids
- Improvement in quality of life
- Improvement in sense of smell
- Reduction of impact of comorbidities?

☐ Yes ☐ No

*(Form continued on next page.)*

Member's Last Name:

Member's First Name:

**For IgE-Mediated Food Allergy initial approval, complete the following questions to receive a 6-month approval:**1. Is the member 1 year of age or older? **AND**☐ Yes ☐ No2. Is the prescribing physician an allergist or immunologist or has an allergist or immunologist been consulted? **AND**☐ Yes ☐ No

3. Does the member have a diagnosed food allergy as confirmed by:

a. A positive skin prick test under a drop of allergen extract; **OR**b. A positive IgE screening to identified foods? **AND**☐ Yes ☐ No

4. Will the member continue to practice allergen avoidance?

☐ Yes ☐ No**For IgE-Mediated Food Allergy initial renewal, complete the following questions to receive a 12-month approval:**1. Has the member been assessed for toxicity? **AND**☐ Yes ☐ No

2. Is the member experiencing a clinical response and improvement as attested by the prescriber?

☐ Yes ☐ No**\* Components of severity for classifying asthma as severe may include any of the following (not all-inclusive)**

- Asthma that remains uncontrolled despite optimized treatment with high-dose ICS-LABA
- Asthma that requires high-dose ICS-LABA to prevent it from being uncontrolled
- Symptoms throughout the day
- Nighttime awakenings, often 7 times/week
- SABA use for symptom control occurs several times per day
- Extremely limited normal activities
- Lung function (percent predicted FEV<sub>1</sub>) < 60%
- Exacerbations requiring oral systemic corticosteroids are generally more frequent and intense relative to moderate asthma

*(Form continued on next page.)*

**Member's Last Name:**

**Member's First Name:**

---

**Prescriber Signature (Required)**

**Date**

By signature, the physician confirms the above information is accurate  
and verifiable by member records.

**Please include ALL requested information; Incomplete forms will delay the PA process.**

Submission of documentation does NOT guarantee coverage.