AETNA BETTER HEALTH®
Coverage Policy/Guideline

Name:	Spiriva Respimat	Page:	1 of 2
Effective Date:	11/19/2024	Last Review Date:	11/2024

Applies to:	☐Illinois	☐Florida	☒Florida Kids
	☒New Jersey	☒Maryland	☐Michigan
	☒Pennsylvania Kids	☐Virginia	☐Kentucky PRMD

Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Spiriva Respimat under the patient's prescription drug benefit.

Description:

This program applies to the inhaled long-acting antimuscarinic products specified in this policy. Coverage for targeted products is provided based on clinical circumstances that would exclude the use of the preferred product and may be based on previous use of a product. The coverage review process will ascertain situations where a clinical exception can be made. This program applies to all members requesting treatment with a targeted product.

Each referral is reviewed based on all utilization management (UM) programs implemented for the client.

Applicable Drug List:

Table. Drug Class/Therapeutic Category

	Product(s)
Preferred*	• **Incruse Ellipta (Umeclidinium Bromide)** • **Tiotropium Bromide Inhaled Capsule**
Targeted	• **Spiriva Respimat (Tiotropium Bromide)**

*: Medications considered formulary or preferred on your plan may still require a clinical prior authorization review.

Policy/Guideline:

Criteria for Approval:
Coverage for the targeted product is provided when any of the following criteria are met:

A. Member has a diagnosis of asthma that is persistently uncontrolled despite use of a medium to high potency ICS-LABA
AND
B. Member is at least 6 years of age
OR
C. Member has a documented inadequate response, intolerable adverse event, or contraindication with both of the preferred products.

Approval Duration and Quantity Restrictions:

Approval: 12 months

References:

1. Incruse Ellipta (umeclidinium bromide) [package insert]. Research Triangle Park, NC: GlaxoSmithKline; August 2020.
2. Spiriva Respimat (tiotropium bromide) [package insert]. Ridgefield, CT: Boehringer Ingelheim Pharmaceuticals, Inc.; October 2023.
3. Global Initiative for Asthma. Global Strategy for Asthma Management and Prevention, 2023. Updated July 2023. Available from: www.ginasthma.org