AETNA BETT	ER HEALTH®	<b>⇔</b> aetna <sup>™</sup>				
Coverage Policy/Guideline						
Name:	teriflunomide		Page:	1 of 2		
Effective Date: 11/1/2024			Last Review Date:	10/2024		
Applies to:	□Illinois	⊠Florida Kids	⊠New Jersey			
	⊠Maryland	⊠Pennsylvania Kids	□Virginia			

#### Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for teriflunomide under the patient's prescription drug benefit.

### **Description:**

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met, and the member has no exclusions to the prescribed therapy.

## **FDA-Approved Indication**

Teriflunomide is indicated for the treatment of patients with relapsing forms of multiple sclerosis (MS), to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in adults.

All other indications are considered experimental/investigational and not medically necessary.

#### **Applicable Drug List:**

Teriflunomide

#### **Policy/Guideline:**

#### **Prescriber Specialty:**

This medication must be prescribed by or in consultation with a neurologist.

## **Criteria for Initial Approval:**

### A. Relapsing forms of multiple sclerosis

Authorization of 12 months may be granted to members who have been diagnosed with a relapsing form of multiple sclerosis (including relapsing-remitting and secondary progressive disease for those who continue to experience relapse).

# B. Clinically isolated syndrome

Authorization of 12 months may be granted to members for the treatment of clinically isolated syndrome of multiple sclerosis.

### **Continuation of Therapy:**

For all indications: Authorization of 12 months may be granted to members who are experiencing disease stability or improvement while receiving teriflunomide.

### **Other Criteria:**

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- A. Members will not use teriflunomide concomitantly with other disease modifying multiple sclerosis agents (Note: Ampyra and Nuedexta are not disease modifying).
- B. Authorization may be granted for pediatric members less than 18 years of age when benefits outweigh risks.

# **Approval Duration and Quantity Restrictions:**

Approval: 12 months

Quantity Level Limit: 30 tablets per 30 days

### **References:**

- 1. Aubagio [package insert]. Cambridge, MA: Genzyme Corporation; June 2024.
- 2. Teriflunomide [package insert]. East Windsor, NJ: Aurobindo Pharma USA, Inc.; February 2024.