



Maternal, Infant and Early Childhood Home Visiting Program

Congratulations! We hear you're expecting a baby. Whether this is your first baby, or you've been here before, we're here to let you know about Maternal Home Visiting Programs that are available right in your community.

Home visits can be conducted by nurses and other trained professionals during your pregnancy and can last to your child's second year of life, or longer depending on the program model. These professionals will conduct assessments geared toward promoting positive birth outcomes, infant and early childhood development, and provide parenting education. This family-focused approach offers you concrete support and encouragement at a time when you need it most. These programs will assist you with the following:

- promoting health and well-being
- developing a plan to meet your personal and family goals
- parenting practices and techniques
- connecting with local community resources
- coordinating care with physicians
- reducing harmful health behaviors
- identifying pregnancy complications
- improving your child's physical and emotional care
- enhancing parent-child interactions
- child safety

Here is a list of our preferred partner programs that could be right for you!

Maternity Care Coalition, Agency for Community EmPOWERment of NEPA, Health Promotion Council, Greater Harrisburg Healthy Start at Hamilton Health Center.

There may be more local programs in your community that are not listed above.

Your Care Manager or Community Health Worker can help answer your questions and get you connected and enrolled with a program that fits you best. Or you can call our Special Needs Unit at 1-855-346-9828 (PA Relay: 711) to speak with one of our Case Management representatives today.



Aetna Better Health® of Pennsylvania

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex gender, gender identity or expression, or sexual orientation.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call: 1-866-638-1232 (PA Relay: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-638-1232 (PA Relay: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-866-638-1232 (PA Relay: 711).

[AetnaBetterHealth.com/Pennsylvania](https://www.aetna.com/betterhealth/pennsylvania)



©2022 Aetna Inc.

PA-20-04-05 (rev0422)

Aetna Better Health® of Pennsylvania