



# Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM)

HEDIS® Measurement Year 2020 & 2021 Measures

**Measure Description: The percentage of children and adolescents 1–17 years of age who had two or more antipsychotic prescriptions and had both of the following in the measurement year:**

- At least one test for blood glucose Blood Glucose Test or HbA1c Test and
- At least one LCL-C Test or Cholesterol Test

## Eligible Population

Ages: 1–17 years of age as of December 31 of the measurement year.

## Strategies for Improvement

- Utilize NCQA coding tips to actively reflect care rendered. Routinely refer members on an antipsychotic medication out to have their blood glucose or HbA1c, LDL-C or cholesterol drawn at least annually.
- Follow up with patient’s parents to discuss and educate on lab results.
- Coordinate care with the patient’s treating behavioral health specialists.

## Numerator Codes

There is a large list of approved NCQA codes used to identify the services included in the APM measure.

**The following are just a few of the approved codes. For a complete list please refer to the NCQA website at [NCQA.org](https://www.ncqa.org).**

Blood Glucose Test	
CPT	80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951
HbA1c Tests	
CPT	83036, 83037, 3044F, 3046F, 3051F, 3052F
LDL-C Tests	
CPT	80061, 83700, 83701, 83704, 83721, 3048F, 3049F, 3050F
Cholesterol Test	
CPT	82465, 83718, 84478