



Prenatal Screening for Smoking and Treatment Discussion During a Prenatal Visit (PSS)

Measurement Year 2021 Performance Measures

This performance measure assesses the percentage of pregnant enrollees who were screened for smoking during the time frame of one of their first two prenatal visits or following initiation of eligibility with the managed care organization (MCO).

The Following Screening Rates Are to Be Reported

Screenings during the time frame of the first two prenatal care visits where:

- Use of tobacco or tobacco products (including e-cigarettes and vaping) during the pregnancy or in the six months prior to the pregnancy
- Environmental tobacco smoke exposure
- Members with positive findings for either screening should have counseling/advice or a referral regarding use or exposure during the time frame of any prenatal visit during pregnancy. Evidence of counseling or referral include:
 - Discussion about the risks associated with smoking and exposure to ETS.
 - Referral to smoking cessation program.

This performance measure also assesses if the member quit during their pregnancy and remained smoke free.

Identifying Smoking Status During Pregnancy

- Documentation that indicates positive smoking status can include:
 - Member states that she smokes
 - Member states that she quit smoking when she found out she was pregnant
 - Member states she stopped smoking during this pregnancy
 - Member smoked 6 months prior to pregnancy
- Documentation that indicates negative smoking status can include:
 - Member states 'used to smoke'
 - Member states 'quit 1 year ago'
 - Ex-smoker
 - Never smoked

Please note that the following do not meet criteria for a screening:

- Screenings that occurred prior to the pregnancy
- Screenings that occurred in the hospital
- General education on tobacco

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Strategies for Improvement

- Utilize resources available at [smokefree.gov](https://www.smokefree.gov)
 - Quit for Two Program
 - SmokefreeMom Program
- Educate expectant moms on their covered benefits with the health plan
 - Many tobacco cessation medications do not need a prior authorization (approval)
 - Tobacco cessation counseling
- Refer members to the Pennsylvania Free Quitline
 - **1-877-724-1090** (In person quit counseling)
 - **1 800 QUIT NOW** (Phone based quit counseling)
- Refer members to the [CVS START TO STOP](#) program