

Aetna Better Health of Texas

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**Notice Date**

08/01/2013

## **New Vitamins and Minerals Added to the STAR Formulary September 1<sup>st</sup>, 2013**

Dear Provider:

The State of Texas Health and Human Services Commission (HHSC) is adding certain vitamins and minerals to the STAR formulary to be available through a pharmacy effective September 1, 2013.

The following is a list of the vitamins and minerals and corresponding conditions for which the products may be dispensed by a pharmacy.

- These products can only be provided to STAR clients 20 years of age and younger (through the month of their 21<sup>st</sup> birthday), and only for the conditions listed below.
- These products will require a prescription in order to be processed at the pharmacy.
- To expedite the process, the pharmacy will need the prescriber to document the corresponding condition on the face of the prescription.

*Any vitamin or mineral product or corresponding condition not listed below may be considered for coverage as part of the MCO's CCP benefit, but not through a pharmacy. The CCP vitamins and minerals list can be found here:*

*<http://www.txvendordrug.com/formulary/formulary-information.shtml>*

*The age and condition restrictions are limitations of Texas Medicaid as outlined in the Texas Medicaid Provider Procedure Manual (TMPPM) and may be implemented by the Pharmacy Benefit Manager (PBM) as a utilization management edit.*

Thank you in advance for your attention to this important change. If there are any questions regarding this change, please contact Aetna Better Health Member Services at 1-800-306-8612 (Tarrant) or 1-800-248-7767 (Bexar).

[www.aetnamedicaid.com](http://www.aetnamedicaid.com)

TX-PEC-0688-13

## Vitamins and Minerals List Effective 9/1/13

<b>Vitamin or Mineral *</b>	<b>Condition</b>
Beta-carotene	Vitamin A deficiency
	Cystic fibrosis
	Disorders of porphyrin metabolism
	Intestinal malabsorption
Biotin	Biotin deficiency
	Biotinidase deficiency
	Carnitine deficiency
Calcium	Calcium deficiency
	Disorders of calcium metabolism
	Chronic renal disease
	Pituitary dwarfism, isolated growth hormone deficiency
	Hypocalcemia and hypomagnesaemia of the newborn
	Intestinal disaccharidase deficiencies and disaccharide malabsorption
	Allergic gastroenteritis and colitis
	Hypocalcemia due to use of Depo-Provera contraceptive injection
Iodine	Iodine deficiency
	Simple and unspecified goiter and nontoxic nodular goiter
Iron	Disorders of iron metabolism
	Iron deficiency anemia
	Sideroachrestic anemia
Magnesium	Magnesium deficiency
	Hypoparathyroidism
Vitamin A (retinol)	Vitamin A deficiency
	Intestinal malabsorption
	Disorders of the biliary tract
	Cystic fibrosis
Vitamin B1 (thiamin)	Vitamin B1 deficiency
	Disturbances of branched-chain amino-acid metabolism (e.g., maple syrup urine disease)
	Disorders of mitochondrial metabolism
	Wernicke-Korsakoff syndrome
Vitamin B2 (riboflavin)	Vitamin B2 deficiency
	Disorders of fatty acid oxidation
	Riboflavin deficiency, ariboflavinosis
	Disorders of mitochondrial metabolism

<b>Vitamin or Mineral *</b>	<b>Condition</b>
Vitamin B3 (niacin)	Vitamin B3 deficiency
	Disorders of lipid metabolism, (e.g. pure hypercholesterolemia)
Vitamin B5 (pantothenic acid)	Vitamin B5 deficiency
Vitamin B6 (pyridoxine, pyridoxal 5-phosphate)	Vitamin B6 deficiency
	Sideroblastic anemia
Vitamin B12 (cyanocobalamin)	Vitamin B12 deficiency
	Disturbances of sulphur-bearing amino-acid metabolism (e.g., homocystinuria and disturbances of metabolism of methionine)
	Pernicious anemia
	Combined B12 and folate-deficiency anemia
Vitamin C (ascorbic acid)	Vitamin C deficiency
	Anemia due to disorders of glutathione metabolism
	Disorders of mitochondrial metabolism
Vitamin E (tocopherols)	Vitamin E deficiency
	Inflammatory bowel disease (e.g., Crohn's, granulomatous enteritis, and ulcerative colitis)
	Disorders of mitochondrial metabolism
	Chronic liver disease
	Intestinal malabsorption
	Disorders of the biliary tract
	Cystic fibrosis
Zinc	Zinc deficiency
	Wilson's disease
	Acrodermatitis enteropathica
Multi-minerals	Other and unspecified protein-calorie malnutrition
Multi-vitamins	Cystic fibrosis
	Other and unspecified protein-calorie malnutrition
Trace elements	Mineral deficiency