



Qualify for a chance to receive a gift card up to \$25

All Aetna Better Health of Virginia members, from newborns up to the age of 17, have a special friend in the Ted E. Bear M.D.[®] Wellness Club.

Find out what other rewards and added benefits you may be eligible for by scanning the QR code below or by visiting AetnaBetterHealth.com/Virginia.



To return the form:

Fax to:
844-203-0020

Email to:
QualityManagementPrograms@Aetna.com

Or mail to:
Aetna Better Health of Virginia
Attn: Quality Management Department
PO Box 818044
Cleveland, OH 44181-8044

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ENGLISH: ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call the number on the back of your ID card or **1-800-385-4104 (TTY: 711)**.

SPANISH: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que aparece en el reverso de su tarjeta de identificación o al **1-800-385-4104 (TTY: 711)**.



©2025 Aetna Inc.
86.02.345.1-VA (rev 01/25)



Schedule your child's annual wellness checkup today

AetnaBetterHealth.com/Virginia



Aetna Better Health[®] of Virginia

86.02.345.1-VA (rev 01/25)

How to receive your wellness exam incentive

Once your child has completed their wellness exam, have your child's provider complete the incentive form and return to Aetna Better Health of Virginia. Your child will then be eligible to receive a gift card up to \$25.

Wellness exams are free

Each visit includes a physical exam, shots (as needed), weight and nutrition counseling, and a growth and development check. The doctor may also talk about wellness topics like eating healthy, tooth brushing habits, school, and access to community services.

Even if your child is healthy, wellness exams are important. You should always go to the doctor if your child seems ill or if you are worried about their development.



Your child should visit the doctor for regular appointments at the following ages:

- By 1 month
- 2 months
- 4 months
- 6 months
- 9 months
- 12 months
- 15 months
- 18 months
- 2 years
- 2½ years
- 3 years
- Each year after age 3 until age 21

Wellness Exam Incentive Form

Member's name (print): _____

Member's ID #: _____

Address: _____

City: _____

State: _____

ZIP: _____

Phone number: _____

Member's date of birth: _____

Doctor's name (print): _____

Provider ID #: _____

Office Address: _____

City: _____

State: _____

ZIP: _____

Office phone number: _____

Doctor's signature: _____

Date of visit: _____

Gift Card amounts for completing Well Child visit

- Ages 0-4: \$10
- Ages 5-10: \$15
- Ages 11-13: \$20
- Ages 14-17: \$25

One entry per person, per qualifying year.

