



Qualify for a chance to receive a gift card up to \$25

All Aetna Better Health of Virginia members, from newborns up to the age of 17, have a special friend in the Ted E. Bear M.D.® Wellness Club.

How to enroll

Enroll your child in the Ted E. Bear M.D. Wellness Club. Just complete the enrollment section of this flyer. You can select **two** of the age appropriate enrollment gifts. Once completed, return using one of the options listed below and schedule your child's annual wellness exam.

To return the form:

Fax to:
844-203-0020

Email to:
QualityManagementPrograms@Aetna.com

Or mail to:
Aetna Better Health of Virginia
Attn: Quality Management Department
PO Box 818044
Cleveland, OH 44181-8044

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ENGLISH: ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call the number on the back of your ID card or **1-800-385-4104 (TTY: 711)**.

SPANISH: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que aparece en el reverso de su tarjeta de identificación o al **1-800-385-4104 (TTY: 711)**.

KOREAN: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 귀하의 ID 카드 뒷면에 있는 번호로나 **1-800-385-4104 (TTY: 711)** 번으로 연락해 주십시오.



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Schedule your child's annual wellness checkup today

AetnaBetterHealth.com/Virginia



Aetna Better Health® of Virginia

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How to receive your wellness exam incentive

Once your child has completed their wellness exam, have your child's provider complete the incentive form and return to Aetna Better Health of Virginia. Your child will then be eligible to receive a gift card up to \$25.

Wellness exams are free

Each visit includes a physical exam, shots (as needed), weight and nutrition counseling, and a growth and development check. The doctor may also talk about wellness topics like eating healthy, tooth brushing habits, school, and access to community services.

Even if your child is healthy, wellness exams are important. You should always go to the doctor if your child seems ill or if you are worried about their development.

Your child should visit the doctor for regular appointments at the following ages:

- By 1 month
- 2 months
- 4 months
- 6 months
- 9 months
- 12 months
- 15 months
- 18 months
- 2 years
- 2½ years
- 3 years
- Each year after age 3 until age 21

Wellness Exam Incentive Form

Member's name (print): _____

Member's ID #: _____

Address: _____

City: _____

State: _____

ZIP: _____

Phone number: _____

Member's date of birth: _____

Doctor's name (print): _____

Provider ID #: _____

Office Address: _____

City: _____

State: _____

ZIP: _____

Office phone number: _____

Doctor's signature: _____

Date of visit: _____

Gift Card amounts for completing Well Child visit

- Ages 0-4: \$10
- Ages 5-10: \$15
- Ages 11-13: \$20
- Ages 14-17: \$25

One entry per person, per qualifying year.

Enrollment Form

Member's name (print): _____

Member's ID #: _____

Address: _____

City: _____

State: _____

ZIP: _____

Phone number: _____

Member's date of birth: _____

Parent's name: _____

Parent's date of birth: _____

Enrollment Prizes (Choice of two age appropriate)

Due to availability of inventory on age appropriate items, a substitution may be sent to member. Please allow up to 60 days for delivery of items.

- **Ages 0-4:** Ted E. Bear, Portion plates, Sippy cups, Onesies
- **Ages 5-10:** Coloring book, Crayons/ Coloring pencils, Drawstring bags, Jump rope
- **Ages 11-13:** Key chain/Key light, Water bottle, Ear buds, 3 in 1 Charging cable
- **Ages 14-17:** Infinite Phone ring, 3 in 1 Charging cable, Folding umbrella, USB flash drive, Exercise band

One entry per person, per qualifying year.