

Hi friend...

## **♥aetna**°

Aetna Better Health® of Virginia

## Everyone can use a little extra support...

Pyx Health is here to help you feel better, mentally and physically, at no cost to you. Whether it's help finding a doctor, food, transportation, or just needing someone to talk to, we're here for you. Our program can reduce loneliness, improve emotional well-being, and inspire confidence.





**Download the Pyx Health app on your phone or tablet to get started.** No smartphone? No problem! You can also sign up by phone or web.

Phone 1-855-499-4777 (select option 1) Web PyxHealth.com/store-download



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