

## Your patients have extra benefits that can improve their health.

By being a member of Aetna Better Health, your patients have access to a wide range of added benefits that can help them better meet their health needs, all at no cost. Below is a list of all of our added benefits available to our members.

To learn more about these benefits, call **1-800-279-1878 (TTY: 711)** and ask to speak to a Care Manager. You can also visit our website to learn more about our benefits. Go to

**[AetnaBetterHealth.com/Virginia/whats-covered.html](https://AetnaBetterHealth.com/Virginia/whats-covered.html)**.

There, you can see a comprehensive list of all of the benefits we offer to our members.

### For all members

**Vision care:** One eye exam and \$250 toward eyewear

**Extra help with rides:** Members can enjoy free rides to local resources or services — up to 30 round trips or 60 one-way trips each year.

**Free cell phone:** Free Android™ smartphone with free data, texts, and minutes

**General Educational Development (GED) incentive:** CampusEd is an online resource that can help members earn their GED and start a new career. We'll also pay for members' GED test (up to \$120).

**Hearing care:** One hearing exam, \$1,500 toward hearing aids, plus 60 batteries each year, plus unlimited visits for hearing aid fittings

**Home meal delivery:** Home-delivered meals after hospital discharge for seven days.



**Mental health support through Pyx:** Pyx is a personalized program to support members' health. Pyx Health helps members get the most from their health plan, at no cost, whether it's help finding a doctor, food, transportation, or just needing someone to talk to.

For more information about this benefit, scan the QR code or visit **[PyxHealth.com/store-download](https://PyxHealth.com/store-download)**.

**MyActiveHealth Management:** A personalized and interactive mobile program that sends texts regarding diabetes education and support; personal care management; appointment and medication reminders; and exercise/weight goal setting and tracking

**Weight management:** Personalized weight management with a registered dietitian, which includes a 12-week certified nutritionist program and six counseling visits



**Over-the-Counter Health Solutions® period stipend:** \$20 monthly for members with periods to spend on period products through CVS Pharmacy®

For more information about this benefit, scan the QR code or visit **[AetnaBetterHealth.com/Virginia/period-pack.html](https://AetnaBetterHealth.com/Virginia/period-pack.html)**.



**Wellness Rewards:** Members can get gift cards for taking care of their health. Kids also get extra perks, like free swimming lessons and sports physicals, plus up to a \$25 gift card when they join the Ted E. Bear, M.D.® Wellness Club!

For more information about this benefit, scan the QR code or visit  
[AetnaBetterHealth.com/Virginia/rewards-program.html](https://AetnaBetterHealth.com/Virginia/rewards-program.html).

### For moms and children

**Breastfeeding support through Pacify:** 24/7 access to a national network of International Board-Certified Lactation Consultants® and doulas via live video consultation



**Benefits for new moms:** Eligible members who are pregnant through one year postpartum can get \$25 monthly to spend on over-the-counter items for them and their baby through CVS Pharmacy. New moms can also attend baby showers and earn prizes. Plus, new moms can get 300 free size 1 baby diapers delivered to their home after their baby is born.

For more information about this benefit, scan the QR code or visit  
[AetnaBetterHealth.com/Virginia/new-moms.html](https://AetnaBetterHealth.com/Virginia/new-moms.html).

**Youth sports physicals:** Annual sports participation physical for members 7 to 18 years old

**Youth swimming lessons:** Water safety and swimming lessons for members 6 years and younger



**Healthy food card:** Eligible members can get \$50 added to a special debit card every month to buy healthy groceries at nearby stores.

For more information about this benefit, scan the QR code or visit  
[AetnaBetterHealth.com/Virginia/healthy-food-card.html](https://AetnaBetterHealth.com/Virginia/healthy-food-card.html).

### For members with certain health conditions

**Asthma program:** Members with asthma can get one set of hypoallergenic bedding and between \$150 and \$400, depending on area of service, to use towards one deep carpet cleaning annually.

**Memory care:** Two door alarms and six window locks available to members diagnosed with dementia or Alzheimer's disease (requires prior authorization)

**Therapeutic shoes or shoe inserts:** Members with diabetes with a prescription from a podiatrist or orthopedic doctor can get pair of therapeutic shoes or shoe inserts per year (up to \$200 annually).

## We appreciate you.

Thank you for continuing to support our members and providing them with the high-quality care they deserve.