











# Value-added benefits overview





## Wellness visits

	Earn \$25	Complete yearly well care visit (ages 12 to 21 years)
	Earn \$50	Complete behavioral health follow-up visit within 7 days after emergency room visit for mental illness or self-harm, age 6+
	Earn \$25	Complete behavioral health follow-up visit within 30 days after emergency room visit for mental illness or self-harm, age 6+
	Earn \$50	Complete follow-up visit within 7 days after a diagnosis of substance use disorder, ages 13 and older
	Earn \$25	Complete follow-up visit within 30 days after a diagnosis of substance use disorder, ages 13 and older
	Earn \$25	Attend a community wellness event

## Vaccines and lead screening

	Earn \$50	Complete 2 flu shots before age 2
	Earn \$50	Complete human papillomavirus (HPV) vaccine immunizations before age 13
	Earn \$25	Complete lead screening test before age 2
	\$25 WV state park gift card	Receive annual flu shot (members age 18 and older)

## Diabetes management

	Earn \$25	Enroll in a diabetes education program and complete A1C testing
	Earn \$50	Complete yearly diabetic eye exam (members age 18 and older)



Aetna Better Health® of West Virginia

## Healthy actions



Earn \$25

Complete a walking program (age 18 and up)



Earn \$25

Complete an ATV rider safety and training course



Medication lockbox

Available to secure narcotic medications



Dental hygiene kit

Includes toothbrush, toothpaste and dental floss



Asthma management

Enroll with a CM, eligible for a peakflow meter to help with breathing exercises



CHF incentive

Upon CHF CM enrollment, one-time bathroom scale and weight log

## School and learning



Afterschool programs

Aetna Better Health will pay \$50 toward the cost of any 4H-related activity



Camp scholarships

Children's health-related summer camp scholarships available

## Pregnancy and birth care



Cribette or baby carrier

Enroll in the Moms and Babies program



Cribette

Complete six prenatal visits with your provider



Earn \$50

Complete one postpartum visit with your provider within 7 to 84 days after birth



A toy for your baby's first birthday

Complete the Moms and Babies program

## Cancer screenings



Earn \$50

Complete mammogram (ages 50-74)



Earn \$50

Complete cervical cancer screening/pap test (ages 21-64)

## Ted E. Bear, M.D., Cub Club



Members 13 years of age and under earn rewards for healthy activity challenges, such as exercising, fire safety, mental health, reading and teeth brushing. To become a Cub Club member, call Member Services at **1-888-348-2922 (TTY: 711)**.

To learn more about eligibility for these benefits, contact Member Services at **1-888-348-2922 (TTY: 711)**